



Platform Let's get inclusive

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PROBLEM TO BE SOLVED

Implement ways to provide sustainable psychosocial support to students from the Portuguese Speaking African Countries and other.

HOW IT CAN BE DONE

Develop a digital platform, aimed at this group of students, where they will be able to find information, professional help and means to communicate with other students that face the same kind of worries and difficulties.

BENEFITS

The number of students from **Portuguese-speaking African countries** in higher education in Portugal has almost **tripled** in five years, but many face difficulties and there are **high levels of dropouts**, mainly due to communication difficulties of these students. The platform will enable these students to achieve an increase in quality of life and general well-being.

SOLUTION APPROACH

Co-creation was achieved with a multidisciplinary team of faculty, students and administrative staff of the IPB, as well as well as members from the **Portuguese Psychology Association**. **Design Thinking** was used to develop prototypes/mock-ups, and a general framework and index for the platform.

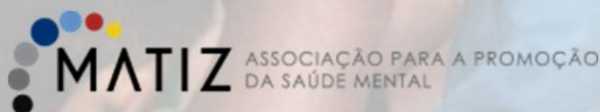
ACHIEVED RESULTS

Awareness among IPB staff, the project was presented to the IPB board and academic services. We also produced contents to be placed on the future IT Platform that will be available to students. Also, based on the report, two part-time medical doctors were hired.

NEXT STEPS PLANNED

Develop the platform with support from external partners..

EXTERNAL PARTNERS



2024

