

ICEI 2017

6th International Congress
on Emotional Intelligence



PORTO

POSTERS
ABSTRACTS

July 19-22, 2017

82 | What health professionals feel when they think about their work with critical patients – exploratory descriptive approach

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Introduction: Recent literature confirms the positive relationship between emotions and feelings perceived by health professionals and the well-being in their workplace.

Objective: To know the average time of contact with the critical patient during the working day and to know the emotions and feelings perceived by the health professionals in interaction with the CP

Methodology: Quantitative, descriptive study, through the application of a questionnaire, prepared for this purpose and applied on-line in a sample "snowball", consisting of 4 types of health professionals (doctors, nurses, diagnostic and therapeutic technicians and operational assistants) working in differentiated care units, in interaction with the CP, aged between 25-29 (5.6%) and 55-59 years old (2.8%), 28.2% male and 71.8% female, with a bachelors degree (66, 2%), master's degree (28.2%) and PhD (1.4%). Of this sample, 54.3% had specific training to approach CP and 45.7% did not.

Results: The majority of the sample (53%) had a mean time of contact with the CP of 5 and more hours of work / day: 4.9% passed 5 and 6 hours respectively, 9.9% passed 7, 24.7 % 8 hours and 8.6% more than 8 hours with CP. The majority express Sentiment of Duty Fulfilled (67.9%) and 3.7% Relief and Distress, respectively. Despite the fact that 60.5% and 25.9% of the sample indicated Interest and Joy, respectively, the most expressed emotions were emotions with negative polarity: 33.3% of professionals feel Sadness, 28.4%, Anguish, 12.3%, Anger / fury / cholera, 7.4%, Shame, and 3.7% and 1.2% feel Fear and Blame, respectively. From the sample 9.9% indicates Surprise.

Conclusions: The diversity of emotions and feelings makes pertinent the development of studies in this area, for the health and well-being of professionals.

Keywords: Health professionals, Emotions, Feelings, Critical Patient