



European Network for Social
and Emotional Competence

6th ENSEC Conference

Theme: **DiVerSiTy**

7–9 June 2017 | Stockholm, Sweden

Prepare yourself for an exciting pre-summer conference on developing youth social and emotional competences with a diversity perspective in the Swedish-Finnish archipelago.



Programme & Information



City of
Gothenburg



Dear Delegates,

It is our very great pleasure to welcome you to the 6th ENSEC Conference.

ENSEC was founded by Professor Paul Cooper and Professor Carmel Cefai in Malta in 2007. Since then we have held successful conferences in Turkey, England, Croatia and Portugal. However, this is our first conference on a ship. We hope you will have a very pleasant conference and will enjoy both the formal and informal opportunities for discussions and networking, as well as the social programme.

The theme of the conference is diversity. Perhaps there has never been a more important time to address the complex issues that we all face throughout the world in this time of tremendous change and mass flight of people. Children and young people are particularly vulnerable and they are the focus of our conference.

Our international speakers will provide us with their diverse perspectives and there will be many opportunities to exchange views with delegates from all over the world. We would encourage you to join ENSEC, if you have not done so already. Membership is without charge and offers regular newsletters and opportunities to network with professionals from across Europe and afar.

The network is managed by the members for the members. There will be a member's meeting on 9 June at 13.30. Afterwards, the ENSEC Board Members will be available to answer questions about the network during the conference.

Welcome
ENSEC Board



Professor **Carmel Cefai**,
Director, Centre for Resilience
and Socio-Emotional Health,
University of Malta.



Carmen Huser, PhD candidate,
Charles Sturt University, Faculty
of Arts and Education,
Australia/ Germany.



Professor **Helen Cowie**, PhD,
University of Surrey, Faculty of
Health and Medical Sciences UK.
Director of the UK Observatory for
the Promotion of Non-Violence.



Professor **Renata Miljevic**
Ridicki, Faculty of Teacher
Education, University of
Zagreb, Croatia.



Kathy Evans, Senior Lecturer,
University of South Wales,
Newport, UK.



Professor **Celeste Simões**,
University of Lisbon, Faculty of
Human Kinetics, Portugal.

Scientific committee and Organising committee

Scientific committee

Professor [Carmel Cefai](#), Director, Centre for Resilience and Socio-Emotional Health, University of Malta.

Professor [Helen Cowie](#), PhD, University of Surrey, Faculty of Health and Medical Sciences UK.

Director of the UK Observatory for the Promotion of Non-Violence.

[Kathy Evans](#), Senior Lecturer, University of South Wales, Newport, UK.

[Carmen Huser](#), PhD candidate, Charles Sturt University, Faculty of Arts and Education, Australia/ Germany.

Dr [Birgitta Kimber](#), Conference coordinator, Department of Clinical Sciences, Division of Child and Adolescent Psychiatry, Umeå University.

Professor [Renata Miljevic Ridicki](#), Faculty of Teacher Education, University of Zagreb, Croatia.

[Siggi Olafsson](#), Conference coordinator, Centre for School Development, City of Gothenburg, Sweden.

Professor [Celeste Simões](#), University of Lisbon, Faculty of Human Kinetics, Portugal.

[Therése Skoog](#), Conference coordinator and Associate Professor of Psychology, Örebro University, Sweden.

Organising committee

[Kathy Evans](#), Senior Lecturer University of Wales.

Dr [Birgitta Kimber](#), Conference coordinator, Umeå University, Sweden.

[Siggi Olafsson](#), Development manager and Conference coordinator, Centre for School Development, City of Gothenburg, Sweden.

Professor [Celeste Simões](#), University of Lisbon, Faculty of Human Kinetics, Portugal.

[Therése Skoog](#), Conference coordinator and Associate Professor of Psychology, Örebro University, Sweden.

[Per Aulin](#), Partner/Organiser, Centre for School Development, City of Gothenburg, Sweden.

[Maria Holmström](#), Research administrator, Örebro University, Sweden.

[Camilla Segerlind](#), Event Coordinator, Örebro University, Sweden.

[Åsa Granlund](#), Event Coordinator, May–December 2016, Örebro University, Sweden.

G06 | B41–42 | Seminar Groups
Affective relationships. Holistic well-being.
Child voice.

Strengthening our assistance by ensuring children have their say and their voices are valued.

Dr Tania Hart¹

¹Faculty of Health And Society, The University of Northampton, Northampton.

Chair: Professor Celeste Simões, University of Lisbon, Faculty of Human Kinetics, Portugal.

Background:

To promote positive childhood school experiences research highlights the need for schools to balance attainment with pupil wellbeing. Obtaining this balance is, however, more complex when the child is experiencing mental health difficulty.

Methods:

Qualitative data obtained from carrying out semi-structured interviews with this population of teenage school children, their parents and teachers is presented.

Findings:

These children prioritised a need to feel a sense of connection to their school teachers and peers at school. This was pre-requisite to accepting individualised support. A vulnerability, however, to victimisation, bullying, discrimination and stigmatisation often made this population of school children feel isolated at school. It was therefore paramount that their emotional security was promoted via good teacher pupil relations. This was only possible when teachers possessed a good mental health knowledge, and were able to sensitively handle disclosure and confidentiality. Only when children felt safe and connected at school were they more accepting of specialist pastoral or learning assistance.

Conclusions:

From the perspectives presented, more universal mechanism of connecting children

with their peers and teachers is needed. Also more emphasis must be placed on promoting the child's emotional security via clearer school mental health confidentiality and disclosure guidance.

G06 | B41–42 | Seminar Groups
Affective relationships. Holistic well-being.
Child voice.

Affective relationships from youth and adults' perspectives.

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Chair: Professor Celeste Simões, University of Lisbon, Faculty of Human Kinetics, Portugal.

This study aims to compare youth and adults' perspectives about affective relationships, essential for maturity construction and subjective well-being.

Quantitative and descriptive study, developed through a questionnaire applied to 233 individuals (82,5% female/ 17,5% male, 51,7% single), aged between 16–76 years, from north and central of Portugal, divided in two classes: 31% young (16–25 years) and 68,7% adults (≥25 years).

In their affective life, 208 individuals, representing 89,3% (32,2% young; 67,8% adults), contrary to 10,7% (24% young; 76% adults), consider «to have stable relationships». A total of 167–71,7% individuals (35,9% young; 64,1% adults), contrary to 66–28,3% (19,7% young; 80,3% adults),

