



2ND INTERNATIONAL WORKSHOP

ADDITIVE MANUFACTURING
AND SUSTAINABILITY

BOOK OF ABSTRACTS

IWAM 24



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WELCOME

We are pleased to present the International Workshop on Additive Manufacturing and Sustainability Book of Abstracts. This compilation brings together researchers, professors, and innovators from around the world who are advancing additive manufacturing (AM) and sustainable practices.

As the global community prioritizes environmental responsibility, additive manufacturing has emerged as a transformative technology capable of revolutionizing industries while reducing ecological footprints. This workshop unites advanced research, innovative applications, and progressive strategies to examine how additive manufacturing can enhance sustainability.

Within these pages, you will find a diverse array of abstracts showcasing ground-breaking work in areas such as:

- Sustainable materials and processes in AM,
- Energy efficiency and waste reduction,
- Circular economy and lifecycle analysis,

Each contribution reflects a commitment to addressing the challenges and opportunities at the intersection of technology and sustainability. We hope this collection not only informs but also inspires collaboration and innovation among participants.

We are profoundly grateful to the authors, reviewers, and organizers whose unwavering commitment has enabled the publication of this book. A special thank you to our sponsors and partners for their unwavering support in bringing this workshop to life.

We appreciate your participation in this wonderful adventure. Let's work together to advance sustainability and innovation!

Warm regards,

The IWAM 2024 Organizing Committee,

João Rocha

João E. Ribeiro

Jorge Santos

Rui Lima

TABLE OF CONTENTS

Process Optimization of a Green Composite Containing a 3D Structure Produced via Additive Manufacturing..... 13

Artificial Intelligence for Additive Manufacturing: preliminary analysis of trends and challenges 14

Experimental Study of Green Nanofluids: Evaluation of Wettability, Viscosity, and Thermal Conductivity Properties 16

Increasing motivation and learning in digital manufacturing: Blended Intensive Programs for STUDENTS..... 17

3D Print Technologies Applied in Robotics Prototyping..... 18

Study of Electro Discharge Machining (EDM) to manufacture holes in Selective Laser Melted (SLM) parts. 19

Utilisation of feedstock material in additive manufacturing technology of ceramics by UV laser vat-photopolymerisation (VPP-UVL/C) 20

MEX and VPP-UVL Technologies for Printing Complex Alumina Parts 21

Design of a novel bi-phasic biomimicking auxetic 3d printed structure with fluids that biomimic the hysteretic behaviour of articular cartilage for medical phantoms..... 22

Developing optical mimicking phantoms of the head tissues – a new approach for transcranial photobiomodulation research 23

Optimization of PDMS Curing in SLA Resin Molds: Techniques and Approaches..... 24

Development of a hydrophone for measuring the propagation of acoustic waves in biological tissues 26

Development of wood and cork derivative panels for sustainable construction 27

Valorisation of Olive Mill Wastewaters for Industrial Applications 29

Progress on fire safety of sustainable timber construction 30

Effects of extensive green roofs on rainwater drainage from a metalworking industry building 31

Strategies for Modifying PDMS Wettability and Potential Applications..... 33

Microfabrication of a capillary-driven microfluidic device: Surface wettability 34

Microfabrication of a capillary flow-driven microfluidic plasma separator..... 35

Development and fabrication of a microfluidic device for mechanical characterization of malaria-infected red blood cells..... 36

3D Hollow microneedles fabrication for microfluidic applications..... 37

Linear transformations in an engineering course – Matrices and dynamic representations 39

Awareness of sustainability practices in construction: Learning in a real context 40

Extraction of natural fibers for the manufacture of 3D filaments by FDM material extrusion

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The study aimed to extract hemp fibers for the NaturFab project, in order to mechanically strengthen PLA in filaments for 3D printing. In order to find the best extraction method, several chemical treatments were carried out to separate the fibers from the plant, using solutions of 2 g/l of sodium hydroxide (NaOH) + 2 g/l of sodium carbonate (NaCO₃) and another solution of 6% NaOH, both at 80 °C. After obtaining the first fiber sample, tensile tests were carried out to compare the strength of the hemp fibers with those of commercial flax. Hemp showed inferior performance compared to flax fibers, with a more fragile behavior after treatment with 6% NaOH. However, a solution of NaOH and NaCO₃ with polyglycolic detergent facilitated extraction and improved fiber strength, but further tests should be carried out to verify its effectiveness.

Keywords: Hemp Fiber Extraction; Chemical Treatments; PLA Reinforcement; Tensile Strength.