

RSP Revista de Saúde Pública

Volume 48
Special Number
May 2014



IPLeiria International Health Congress

09 and 10, MAY 2014

CHALLENGES & INNOVATION
IN HEALTH

Abstracts

www.rsp.fsp.usp.br

Honorary Editor

Oswaldo Paulo Forattini
In memoriam

Editorial board

Carlos Augusto Monteiro (President) – Universidade de São Paulo – Brasil
Rita de Cássia Barradas Barata – Santa Casa de São Paulo – Brasil
Aluísio Jardim Dornellas de Barros – Universidade Federal de Pelotas – Brasil

Associated Editors

Ana Bernarda Ludermir – Universidade Federal de Pernambuco – Brasil
Chester Luiz Galvão Cesar – Universidade de São Paulo – Brasil
Daniela Riva Knauth – Universidade Federal do Rio Grande do Sul – Brasil
Euclides Ayres de Castilho – Universidade de São Paulo – Brasil
Everardo Duarte Nunes – Universidade Estadual de Campinas – Brasil
Frida Marina Fischer – Universidade de São Paulo – Brasil
Ivan França Júnior – Universidade de São Paulo – Brasil
João Luiz Bastos – Universidade Federal de Santa Catarina – Brasil
José Maria Pacheco de Souza – Universidade de São Paulo – Brasil
Marly Augusto Cardoso – Universidade de São Paulo – Brasil
Rosely Sichieri – Universidade do Estado do Rio de Janeiro – Brasil
Oswaldo Yoshimi Tanaka – Universidade de São Paulo – Brasil
Vilma Sousa Santana – Universidade Federal da Bahia – Brasil
Volney de Magalhães Câmara – Universidade Federal do Rio de Janeiro – Brasil

Editor of Comments

Eliseu Alves Waldman – Universidade de São Paulo – Brasil

Editor of Reviews

José Leopoldo Ferreira Antunes – Universidade de São Paulo – Brasil

Executive Editor

Maria Teresinha Dias de Andrade – Universidade de São Paulo – Brasil

Editorial Advisory Board

A. Diez-Roux – University of Michigan – USA
C. Borrell – Agência de Salut Pública – Espanha
L. Rodrigues – London School of Hygiene and Tropical Medicine – UK
M. P. Curado – International Agency for Research on Cancer – France
A. Reingold – University of California at Berkeley – USA
C. Victora – Universidade Federal de Pelotas – Brasil
N. Almeida Filho – Universidade Federal da Bahia – Brasil
M. F. Lima Costa – Fundação Oswaldo Cruz – Brasil
M. I. Schmidt – Universidade Federal do Rio Grande do Sul – Brasil

Created in 1967, *Revista de Saúde Pública (Journal of Public Health)* is a publication of the Faculdade de Saúde Pública of Universidade de São Paulo. An inter- and multidisciplinary journal open to peer-reviewed research contributions from both national and international scientific communities. Its mission is to publish and divulge scientific production on subjects of relevance to Public Health.

Published bimonthly, in February, April, June, August, October and December.

INDEXES

All articles are also published in English language.


The on-line abstracting and indexing services that cover the Journal are:

Thomson Scientific (ISI): Web of Science, Current Contents/Social Behavioral Science, Social Science Citation Index; MEDLINE; Biosis; Global Health; EMBASE; HEALSAFE; Health Star; PubMed; POPLINE; Wildlife Worldwide (NISC); Scopus; SciELO; LILACS; PERIODICA.

FULL TEXTS

Full texts of the complete collection of the articles, from volume 1, number 1 (1967), are available for free in PDF format through the Journal's web site:

<http://www.rsp.fsp.usp.br>

Contact	Revista de Saúde Pública Faculdade de Saúde Pública da Universidade de São Paulo Av. Doutor Arnaldo, 715 01246-904 - São Paulo, SP - Brasil	Fax/Phone: (55 11) 3061-7985 / 3061-7135 E-mail: revsp@usp.br Web site http://www.rsp.fsp.usp.br http://www.scielo.br/rsp
Administrative support	Biblioteca/CIR: Centro de Informação e Referência em Saúde Pública da FSP/USP	
Reviewer	Odinéia C. Gregio	
Secretary	Maria do Carmo Silva de Oliveira	
Editorial and DTP	 www.caboverde.com.br	

© Copyright – Faculdade de Saúde Pública da Universidade de São Paulo.
All rights reserved.

RSP

Revista de Saúde Pública

Volume 48
Special number
May 2014



IPLeiria International Health Congress

09^{and} 10, MAY 2014

CHALLENGES & INNOVATION
IN HEALTH

Abstracts

Congress Organization:



Financial Support:

FCT Fundação para a Ciência e a Tecnologia
MINISTÉRIO DA EDUCAÇÃO E CIÊNCIA

155

FOOD SUPPLEMENTS LABELS AND HEALTH CLAIMS: IMPLEMENTATION OF EUROPEAN UNION REGULATION

P. Coutinho^{1,II,a}, A. Vasconcelos^{II,b}, F. Almeida^{II,c}, M.J. Menino^{II,d}, T. Barata^{II,e}, M.F. Roquel^f, M.P. Ribeiro^{II,g}

¹Unidade de Investigação para o Desenvolvimento do Interior. Instituto Politécnico da Guarda. Portugal

^{II}Escola Superior de Saúde. Instituto Politécnico da Guarda. Portugal

Introduction: The consumption of food supplements have increased exponentially in last years, mainly as attractive adjuvants in the prevention/treatment of diseases. Commission Regulation (EU) 432/2012 of 16 May 2012 establish a list of permitted health claims made on foods, and consequently all food supplements with labels not conform must be outflow until June 14 of 2013.

Objective: The present study aimed to verify the legal compliance of the food supplements labels in different places of sale in the period following the established limit date in the EU regulation.

Methods: For different categories were analyzed a total of 187 products marketed in herbalists, Over The Counter Stores, pharmacies, supermarkets and internet, and registered the legal compliance of its labels through the registration of the compliance of legal mandatory criteria and subsequent quantitative analysis, during the period of Sept to December 2013.

Results: The results obtained show the existence of some food supplements available to consumers whose labelling are still in uniform according to the new UE Regulation. In Supermarkets have not been recorded any non-conformity on labels analyzed. Internet and herbalists were the market places with higher number of nonconformities, and in pharmacies and drugstores were registered lower number of nonconformities.

Conclusions: In accordance with the Regulation all food supplements not conform must be outflow until June 14 of 2013, what is not confirmed in our study. With this study we confirm the need to pursue the verification and improvement of effective application, accompanied by health professionals counseling.

Descriptors: Labeling; Food Supplements; Commission Regulation (EU) 432/2012 of 16 May 2012; Health claims; Nonconformities.

^acoutinho@ipg.pt

^bana-vasconcelos@portugalmail.pt

^cfernanda.pnva@gmail.com

^dmaria_menino@hotmail.com

^etbaratabarata@hotmail.com

^ffroque@ipg.pt

^gmrribeiro@ipg.pt

156

FROM MEANINGS OF SPIRITUALITY TO THE CHALLENGES OF NURSES IN FAMILY INTERVENTION

Maria Henriqueta Figueiredo^{1,a}, Zaida Charepe^{II,b}, Manuel Brás^{III,c}, Palmira Oliveira^{1,d}, Pedro Melo^{II,e}

¹Escola Superior de Enfermagem do Porto. Portugal

^{II}Universidade Católica Portuguesa. Portugal

^{III}Instituto Politécnico de Bragança. Portugal

Introduction: Spirituality incorporates key principles of family rituals that determine to be in family and being with others, involving the search for a sense of family continuity. As a field of family assessment and intervention requires nurses to promote their own spiritual health and acknowledge their spiritual needs.

Objective: understand the meanings of spirituality for nurses, describe their experiences of spiritual care with families, recognizing the value assigned to the spiritual dimension in assessment and family intervention and identify the expectations of nurses in the optimization of spirituality as a resource for care.

Methods: The study is qualitative, sustained on systemic thinking. The methodological approach was the Appreciative Inquiry. Participants were twenty nurses working in Primary Health Care. Appreciative Interview was used and data analysis was supported by content analysis.

Results: The following categories of analysis emerged: Meanings of spirituality, Spiritual care experiences with their families; Value assigned to the spiritual dimension in assessment and family intervention. Spirituality stands out as a multidimensional belief concept (bodily, emotional and relational), lived with families mostly in contexts of suffering and end of life. Nurses value this dimension by associating it with respect, authenticity and holism.

Conclusions: The need for improve spirituality education and sharing experiences evidenced as key resources in the optimization of care focused on the family system.

Descriptors: Family Nursing Spirituality, Appreciative Inquiry.

^ahenriqueta@esenf.pt

^bzaidacharepe@ucp.pt

^cmambbras@gmail.com

^dpalmiraoliveira@esenf.pt

^epedromelo@ucp.pt