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ABSTRACTS

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83 | The awareness over experience with critical patient (CP) at high risk of life – exploratory descriptive approach

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Introduction: Recognizing feelings experienced in approaching a critical patient (CP), prepares us to learn about what we feel and experience in such situations.

Objective: To know the level of training in emotional education (EE) of health professionals who interact with CP and to recognize how (through words and expressions) health professionals are aware of the type of feelings that invade them after approach to CP.

Methodology: Qualitative, descriptive study, through the application of a questionnaire, prepared for this purpose and applied on-line in a sample "snowball". The sample is composed of 4 types of health professionals (doctors, nurses, diagnostic and therapeutic technicians and operational assistants) working in differentiated care units, in interaction with the CP, aged between 25-29 (5.6%) and 55-59 years old (2.8%), 28.2% male and 71.8% female, with a bachelors degree (66, 2%), master's degree (28.2%) and PhD (1.4%). Of this sample, 54.3% had specific training to approach CP and 45.7% did not.

Results: Results show that 4,9% have EE training, in opposed to 95,1% that do not have.

Preliminary results about the level of awareness of the type of feelings that invade them, the majority of the sample, 66.7% said "...for me, of course, I remember exactly what I felt throughout the process". The remaining sample expresses some gaps, 33.3% "... when I talk to someone (ex: colleague, friend) about this episode", 4.9%, "... I know I felt feelings, but I can not say which or how", 3.7%, "... I do not remember anything" and 1.2% "... only after some time (1 to 6 months) I remember what I felt"

Conclusions: The fact that there are 9.8% of professionals unable to conscientiously realize what they have lived, makes EE and social emotional learning relevant.

Keywords: Awareness, health professionals, Emotional Education, Critical Patient