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09^{and} 10, MAY 2014

CHALLENGES & INNOVATION
IN HEALTH

Abstracts

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TEACHING AND LEARNING IN FAMILY NURSING: FROM THEORETICAL FRAMEWORK TO EXPERIENTIAL REFLECTION

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Introduction: The complexity of the family system, as the target of nursing care, requires specific skills to act in a situation. The Dynamic Model of Family Assessment and Intervention - MDAIF (Figueiredo, 2009), based in the systemic paradigm can contribute to the experiential reflection on nursing care with families in nursing education.

Objective: to identify the acquisition of skills to assess and intervene in families and to identify the pedagogical strategies to enhance family nursing practice.

Methods: This is a qualitative study of descriptive nature. Participants are 25 students Master's Degree in Nursing from a Portuguese University. Data were collected through a questionnaire with open questions and analyzed using content analysis.

Results: The use of MDAIF was perceived as a change influence in the acquisition of skills in family assessment and intervention, in clinical practice. Real-life situations, simulations, and abstractions of reality, were emphasised as the teaching-learning strategies.

Conclusions: The use of MDAIF, as a theoretical framework, contributed to the acquisition of skills, anchored on personal meaningful experiences of practices with families. The study confirmed the importance given to the students' reflective and autonomous participation in their learning, to acquire and develop skills in family nursing.

Descriptors: Family Nursing, Family Nursing Education, Dynamic Model of Family Assessment and Intervention.

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PROFILE OF THE WOMEN WHO REPEAT AN INDUCED ABORTION

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Introduction: An increase of repeated induced abortions has been observed since its decriminalization was introduced in Portugal. Considering the health risks of this phenomenon, its ethical questions, economic costs and even the impact in health professionals, a systematic review can provide relevant knowledge about women who repeat induced abortion.

Objective: To profile women who request induced abortion repeatedly.

Methods: This systematic review was performed according to the Joanna Briggs Institute orientations using MEDLINE, CINAHL and Cochrane databases, with main descriptors as: "women"; "abortion, induced"; "abortion, legal"; "abortion seekers, repeated". Only publications between January of 1998 and May of 2013 were considered. After meeting inclusion and exclusion criteria, eleven articles were selected and a narrative synthesis of the data was made.

Results: Women who repeat induced abortion are probably older, non-Caucasian, unemployed, foreign, multiparous, have less school education and live in urban areas. They show a good knowledge of contraception methods, but frequently use the less effective ones and assume risk behaviors when consciously choose not to use them. They have a higher probability of physical and sexual abuse history, childhood adverse life events, low emotional support and abuse of alcohol, drugs and tobacco.

Conclusions: Evidence shows that women with repeated induced abortion have a higher probability of having specific characteristics that allow determining a particular profile. These results can assist health professionals developing individualized and personalized interventions to these women, aiming to reduce this phenomenon.

Descriptors: repeated induced abortion; legal abortion; women.

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