



European Network for Social
and Emotional Competence

6th ENSEC Conference

Theme: **DiVerSiTy**

7–9 June 2017 | Stockholm, Sweden

Prepare yourself for an exciting pre-summer conference on developing youth social and emotional competences with a diversity perspective in the Swedish-Finnish archipelago.



Programme & Information



City of
Gothenburg



Dear Delegates,

It is our very great pleasure to welcome you to the 6th ENSEC Conference.

ENSEC was founded by Professor Paul Cooper and Professor Carmel Cefai in Malta in 2007. Since then we have held successful conferences in Turkey, England, Croatia and Portugal. However, this is our first conference on a ship. We hope you will have a very pleasant conference and will enjoy both the formal and informal opportunities for discussions and networking, as well as the social programme.

The theme of the conference is diversity. Perhaps there has never been a more important time to address the complex issues that we all face throughout the world in this time of tremendous change and mass flight of people. Children and young people are particularly vulnerable and they are the focus of our conference.

Our international speakers will provide us with their diverse perspectives and there will be many opportunities to exchange views with delegates from all over the world. We would encourage you to join ENSEC, if you have not done so already. Membership is without charge and offers regular newsletters and opportunities to network with professionals from across Europe and afar.

The network is managed by the members for the members. There will be a member's meeting on 9 June at 13.30. Afterwards, the ENSEC Board Members will be available to answer questions about the network during the conference.

Welcome
ENSEC Board



Professor **Carmel Cefai**,
Director, Centre for Resilience
and Socio-Emotional Health,
University of Malta.



Carmen Huser, PhD candidate,
Charles Sturt University, Faculty
of Arts and Education,
Australia/ Germany.



Professor **Helen Cowie**, PhD,
University of Surrey, Faculty of
Health and Medical Sciences UK.
Director of the UK Observatory for
the Promotion of Non-Violence.



Professor **Renata Miljevic**
Ridicki, Faculty of Teacher
Education, University of
Zagreb, Croatia.



Kathy Evans, Senior Lecturer,
University of South Wales,
Newport, UK.



Professor **Celeste Simões**,
University of Lisbon, Faculty of
Human Kinetics, Portugal.

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Welcome to the 10th anniversary of the ENSEC conference!

We are proud to be organising the 6th ENSEC conference. The theme of the conference is “Diversity”, a theme we find both important and challenging for all the countries in the world, and particularly in Europe. Europe is facing a situation where more and more people come for shelter and protection, and we need all the knowledge we can get to successfully cope with this situation, and make sure children are given the chance of positive development. The symposia and papers address diversity in many different ways.

We have made an effort to make sure this conference takes the environment into consideration. This means that we will keep printed material to a minimum, e.g., the program book will be provided to you on a memory stick, not printed out. We kindly ask you to think twice before printing anything from the book.

The conference is held on a Viking line ship cruising between Stockholm and Helsinki. For a long time, Viking Line has demanded more environmentally sustainable technology, implemented fuel-saving programs, and introduced new environmental concepts on board.

Again, we are proud and happy to welcome you on board this ship, and we hope you will enjoy not only the conference, but Stockholm, Helsinki, and their beautiful archipelagos.

Organising committee



Dr Birgitta Kimber,
Umeå University,
Sweden.



**Associate Professor of
Psychology Therése Skoog,**
Örebro University,
Sweden.



**Development manager
Siggı Olafsson,**
Center for School Development,
City of Gothenburg, Sweden.

Scientific committee and Organising committee

Scientific committee

Professor **Carmel Cefai**, Director,
Centre for Resilience and Socio-Emotional
Health, University of Malta.

Professor **Helen Cowie**, PhD,
University of Surrey, Faculty of Health
and Medical Sciences UK.

Director of the UK Observatory for the
Promotion of Non-Violence.

Kathy Evans, Senior Lecturer, University
of South Wales, Newport, UK.

Carmen Huser, PhD candidate,
Charles Sturt University, Faculty of Arts
and Education, Australia/ Germany.

Dr **Birgitta Kimber**, Conference
coordinator, Department of Clinical
Sciences, Division of Child and Adolescent
Psychiatry, Umeå University.

Professor **Renata Miljevic Ridicki**,
Faculty of Teacher Education, University
of Zagreb, Croatia.

Siggi Olafsson, Conference coordinator,
Centre for School Development, City of
Gothenburg, Sweden.

Professor **Celeste Simões**,
University of Lisbon, Faculty of Human
Kinetics, Portugal.

Therése Skoog, Conference coordinator
and Associate Professor of Psychology,
Örebro University, Sweden.

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Siggi Olafsson, Development manager
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School Development, City of Gothenburg,
Sweden.

Professor **Celeste Simões**,
University of Lisbon, Faculty of Human
Kinetics, Portugal.

Therése Skoog, Conference coordinator
and Associate Professor of Psychology,
Örebro University, Sweden.

Per Aulin, Partner/Organiser,
Centre for School Development, City
of Gothenburg, Sweden.

Maria Holmström, Research administrator,
Örebro University, Sweden.

Camilla Segerlind, Event Coordinator,
Örebro University, Sweden.

Åsa Granlund, Event Coordinator,
May–December 2016, Örebro University,
Sweden.

G03 | B41–42 | Seminar Groups
Relationships. Observations. Assessments.

Loving relationships – between the essential and the impossible

Cristiana Rodrigues¹, Maria Veiga Branco², Maria Ribeiro³ and Celeste Antão¹

¹Nursing, Instituto Politécnico De Bragança, Bragança

²Social Ciencias and Behavior, Instituto Politécnico De Bragança, Bragança.

³Social Ciencias, Universidade De Trás-Os-Montes E Alto Douro, Bragança.

Chair: Per Aulin, Centre for School Development, City of Gothenburg, Sweden.

Intimacy is the feeling of closeness and connectedness in a relationship, but human beings don't have the same values along the continuum of life.

This study aims to recognize values considered essential and impossible to live a loving relationship. A quantitative, descriptive and analytical study was developed through a questionnaire applied to 233 individuals (82.5% female / 17.5% male, 51.7% single), aged between 16-76 years, from north and central Portugal, divided in two classes: 31% young (16-25 years) and 68.7% adults (≥25 years).

Results show that the values considered essential in loving relationship are in descending order: «trust» (226-96,9%), «dialogue» (226-96,9%), «tenderness» (225-96,6%), «intimacy» (225-96,6%), «loyalty» (224-96,1%), «freedom» (221-94,8%). «Humor» is considered essential by the respondents (221-94,8%), but younger people attribute it a significantly higher importance ($p = 0,001$) than older people. As values that make a relationship impossible, the majority of sample, considers «disrespect» (228-97,9%), «mistrust» and «lack of dialogue» (226-96,9%), «violence» (222-95,3%), «lack of love» and «betrayal» (220-94,4%). For younger, «shyness» ($p = 0,007$) and «shame» ($p = 0,028$) are significantly inhibitory, and for adults it is «prejudice» ($p = 0,028$). Younger and older people have different perspectives about what is essential or impossible in a loving relationship.

PARALLEL ACTIVITIES
16.30–18.00

IN03 | AUB | Invited symposium:
RESCUR in Kindergarten.

Renata Miljević-Ričički¹, Ljiljana Šarić², Kosjenka Lovrec-Marinovc², Martina Radat², Vesna Maric³, Ljubica Duspara³, Alka Poznjak Malobabic³, Mirela Marjanac⁴, Marina Vuko⁴, Marcela Milkovic⁴, Tomislav Busic⁴, Lana Krkac Vudljić⁴, Nikolina Badric⁴, Natalija Marincec⁵, Ruzica Matijević⁵, Dina Darwish⁵, Sanja Simcic Domitrovic⁵, Davorka Crnkovic⁶, Minja Jeic⁶ and Ivana Golik Homolac⁶

¹Faculty of Teacher Education, Faculty of Teacher Education, Zagreb.

²DJECJI VRTIC PRECKO, Kindergarten PRECKO, Zagreb.

³Kindergarten Radost, Kindergarten Radost, Zagreb.

⁴DV Sopot, Kindergarten Sopot, Zagreb.

⁵DV UTRINA, Kindergarten Utrine, Zagreb.

⁶Kindergarten Vrbik, Kindergarten Vrbik, Zagreb.

Participants: Renata Miljevic-Ridicki, Dejana Bouillet and Antonija Balic-Šimrak, Faculty of Teacher Education, University of Zagreb (RESCUR project members/authors).

Krešimir Plantak, kindergarten teacher, member of the pilot project in Croatia.

Representatives from Zagreb kindergartens (principals and/or psychologists) who have started to apply the Resilience curriculum.

Application of the Resilience curriculum in kindergarten will be presented using data from Croatian kindergartens.

The Expressive and the Illustrative in the Illustrations of the Storybook How to Say No
 This work presents the process of creating illustrations for the storybook How to Say No to show how to use expressive and illustrative techniques in working with very young as well as with preschool children through art activities that deal with raising emotional awareness. By combining painting and drawing skills in the presentation of emotions we get two dimensions of emotional communication through a work of art. One dimension relates to the spontaneous expression through colours (painting) where we pay attention to the symbolism of colours, whereas the second dimension