



14^a Conferência Internacional de Investigação em Enfermagem

14th International Conference of Nursing Research

**A translação do conhecimento de
enfermagem: Uma força para a mudança
na prática clínica!**

**Translational nursing knowledge: A force
for change in clinical practice!**

Lisboa, 10 a 12 de Maio de 2017

Fundação Calouste Gulbenkian

Avenida de Berna

Lisboa - Portugal

Lisbon, 10 to 12 May 2017

Calouste Gulbenkian Foundation

Berna Avenue

Lisbon - Portugal

ORGANIZAÇÃO | ORGANIZATION
Associação Portuguesa de Enfermeiros



INSCRIÇÕES | FURTHER INFORMATION

Associação Portuguesa de Enfermeiros

Estrada do Paço do Lumiar, 57 - B.

1600-543 Lisboa - Portugal

e-mail: investigaenf@gmail.com

www.apenfermeiros.pt

© 2017

ISBN 978 – 989 – 99867 – 0 – 1

Título: 14ª Conferência Internacional de Investigação em Enfermagem. A translação do conhecimento em enfermagem: Uma força para a mudança na prática clínica!

(Org.) Oliveira, Helga | Barros, Irina | Curado, Maria Alice | Fernandes, João | Gomes, José

Editor: APE – Associação Portuguesa de Enfermeiros

ÍNDICE | SUMMARY

COMISSÕES COMMITTEE	7
COMISSÃO ORGANIZADORA ORGANIZATION COMMITTEE	7
COMISSÃO CIENTÍFICA SCIENTIFIC COMMITTEE.....	8
NOTA INTRODUTÓRIA INTRODUCTION	9
MENSAGEM DO PRESIDENTE DA COMISSÃO CIENTÍFICA	10
MESSAGE FROM THE PRESIDENT OF SCIENTIFIC COMMITTEE	11
PROGRAMA PROGRAM	12
PROGRAMA DAS COMUNICAÇÕES LIVRES 	13
ORAL PRESENTATIONS PROGRAM	13
PROGRAMA DOS POSTERS POSTERS PROGRAM	22
RESUMOS DAS CONFERÊNCIAS 	24
CONFERENCE ABSTRACTS	24
MEASUREMENT AND HEALTH ASSESSMENT SCALES OF NEONATAL AND PEDIATRIC POPULATIONS. A MONTE CARLO SIMULATION STUDY WITH ORDINAL VARIABLES	24
FROM CONCLUSIONS TO ACTION: DISSEMINATION AND IMPLEMENTATION	27
PRÉMIO ENFERMEIRA MARÍLIA VITERBO DE FREITAS	29
MARÍLIA VITERBO DE FREITAS AWARD	30
RESUMOS DAS COMUNICAÇÕES ORAIS 	32
ORAL PRESENTATIONS ABSTRACTS	32
MEN SEXUAL HEALTH IN PORTUGAL: GAPS AND PROXIMITIES WITH HEALTH CARE PROFESSIONALS	32
AGREEMENT PLAN FOR SELF-CARE OF PATIENTS WITH DIABETES USING INSULIN IN PRIMARY CARE IN SOUTHERN BRAZIL	33
DIAGNOSTICS OF NURSING FREQUENTLY IN NURSING CONSULTATIONS TO DIABETES IN THE USE OF INSULIN IN PRIMARY HEALTH CARE	33
VIOLENCE IN THE MEDIA AND ITS REFLEXES IN DOMESTIC LIFE.....	34
MENTAL HEALTH AND SEXUAL SELF-CONCEPT: INTERVENTION IN NURSING	35
SEXUAL HEALTH AND REPRODUCTION LITERACY, THE HUMAN PAPILOMA VIRUS (HPV) AND CERVICAL CANCER (CC), AMONG HIGHER EDUCATION HEALTH STUDENTS.....	36
THE FAMILY CONTEXT AND SLEEP PATTERNS OF CHILDREN AND ADOLESCENTS.....	37
SEXUALITIES ON AGEING: CONTRIBUTIONS TO HEALTH CARE	38
EVALUATION OF SAFETY CULTURE IN THE OPERATING ROOM: NURSES PERCEPTION	38
THE GROUP OF SELF-CARE IN HEALTH SELF-MANAGEMENT OF THE PERSON WITH DIABETES USING INSULIN	40
DIFFICULTIES AND NEEDS OF PARENTS IN POSITIVE PARENTING PRACTICE	40

NURSING CARE IN FIRST-EPISODE PSYCHOTIC PATIENTS: A QUALITATIVE STUDY	41
THE USE OF CLINICAL SUPERVISION BY NURSES WHO WORK IN MENTAL HEALTH: INTEGRATIVE LITERATURE REVIEW	42
IMPORTANCE OF SUPPORT HOUSES IN THE EXPERIENCE OF CHILDREN WITH CANCER UNDER PALLIATIVE CARE: A SOCIAL ISSUE	43
ADHERENCE OF HEALTHCARE WORKERS TO PREVENTION MEASURES OF NOSOCOMIAL INFECTIONS:PROBLEMS AND IMPLEMENTATION STRATEGIES.....	44
NURSING DIAGNOSES ON WOMEN'S HEALTH IN PRIMARY CARE IN SOUTHERN BRAZIL	45
DAMAGE REDUCTION IN ATTENDANCE OF POPULACION IN STREET SITUATION	46
RECEPTION OF TRAVESTITES BY NURSING IN HOSPITALS	46
CONCEPTIONS OF ELDERLY ON THE PROCESS OF HUMAN AGING: BE AGED OR BE OLD?.....	47
TRIANGULATION OF METHODS IN SOCIAL REPRESENTATION IN THE AGING PROCESS AFTER 65 YEARS: METHODOLOGICAL STRATEGY	48
WHAT DOES IT DO FALLING AT HOUSE IN THE ELDERLY PEOPLE SOCIAL CONCEPTION?	49
DEPRESSIVE SYMPTOMATOLOGY RELATED TO UNEMPLOYMENT IN NURSES OF A BRAZILIAN REGION	50
EDUCATION AND NURSES PERFORMANCE IN OBESITY COMBAT	51
ULCERS OF INFERIOR MEMBERS: DATA INVESTIGATION OF CASES IN ASSIS, A CITY IN THE STATE OF SÃO PAULO, BRAZIL.....	52
DEPRESSIVE SYMPTOMS IN NURSES OF THE FAMILY HEALTH STRATEGY IN THE CITY OF GUARULHOS	53
BEHAVIORAL STRATEGIES IN ADHERENCE TO ORAL ANTIDIABETIC DRUGS AND THEIR EFFECTS ON DIABETES-RELATED DISTRESS	53
EFFECT OF BEHAVIORAL STRATEGIES IN ADHERENCE TO ORAL ANTIDIABETIC DRUGS: RANDOMIZED CONTROLLED TRIAL..	54
EFFECT OF NONPHARMACOLOGICAL INTERVENTIONS ON SLEEP QUALITY AND EMOTIONAL STRESS IN PEOPLE WITH TYPE 2 DIABETES.....	55
EVALUATION OF SWALLOWING IN A STROKE UNIT (UAVC).....	56
MEASURING COMPLIANCE WITH THE BABY-FRIENDLY HOSPITAL INITIATIVE FOR NEONATAL WARDS GUIDED BY KNOWLEDGE TRANSLATION FRAMEWORK.....	57
THE IMPACT OF BABY-FRIENDLY HOSPITAL INITIATIVE FOR NEONATAL WARDS GUIDED BY KNOWLEDGE TRANSLATION FRAMEWORK IN A BRAZILIAN NEONATAL UNIT	58
THE EMPOWERMENT AS A RESULT: NURSING CARE IN SELF MANAGEMENT'S CHRONIC DISEASE.....	59
EDUCATIONAL MATERIALS IN HEALTH: A NURSING INSTRUMENT IN THE PREVENTION OF HYPERTENSION AND DIABETES MELLITUS	60
HEALTH IN FOCUS: RESEARCH IN BASIC EDUCATION INTEGRATING NURSING AND A SCHOOL COMMUNITY IN THE METROPOLITAN REGION OF BELO HORIZONTE - MG –BRAZIL	60
EFFECTIVENESS OF A NURSING INTERVENTION IN SELF-MANAGEMENT OF SYMPTOMS.....	61
ADMINISTRATION OF CHEMOTHERAPY ANTI NEOPLASIC; NURSING INTERVENTION TO RELEAF SUFFERING	62
A PILOT STUDY OF IMPACT OF NURSES-LED WEANING PROTOCOL ON OUTCOMES OF MECHANICAL VENTILATION FOR CRITICALLY ILL PATIENTS AMONG PALESTINIAN HOSPITALS.....	63
CARING FOR FAMILIES IN THE EMERGENCY DEPARTMENT	64
PSYCHOTHERAPEUTIC INTERVENTION MODEL IN NURSING: A PILOT RANDOMIZED CONTROLLED TRIAL.....	65
SUPERVISING RELATIONS AND DEVELOPMENT OF SIGNIFICANT LEARNING OF NURSING STUDENTS – RESEARCH PROJECT ..	66
STRESS IN NURSES OF THE FAMILY HEALTH PROGRAM IN THE SOUTH OF MINAS GERAIS/BRAZIL	67
THE NURSE AND THE USE OF PSYCHOMETRIC SCALES FOR THE DETECTION OF DEPRESSIVE SYMPTOMATOLOGY IN THE GENERAL POPULATION.....	68
FACTORS INFLUENCING THE DEVELOPMENT OF SELF-MANAGEMENT ON ADOLESCENTS WITH DIABETES TYPE 1: A SCOPING REVIEW	68
NURSING SUPPORT TO BREAST CANCER PATIENT'S QUALITY OF LIFE IN NORTH ESTONIAN MEDICAL CENTRE	69
THE INFLUENCE OF NANDA-I NURSING DIAGNOSES TRAINING ON PRACTICE IN HOME CARE NURSING.....	70
CONTINUED LONG-TERM INTEGRATED CARE UNIT AND MAINTENANCE AND THE SYMPTOMS OF EDMONTON AS A QUALITY INDICATOR, A RETROSPECTIVE STUDY	70
FAMILY HOME CARE: EXPERIENCING IN PEDIATRIC HEMATOPOIETIC STEM CELL POST TRANSPLANTATION.....	71
FORMAL THEORY FOR THE HOME CARE	72
DEPRESSIVE SYMPTOMOLOGY IN NURSES THAT ACT IN EMERGENCY SERVICES	73
PREVALENCE OF ACUTE TRANSFUSION REACTIONS IN A TEACHING HOSPITAL.....	74

<http://repositorioaberto.up.pt/bitstream/10216/63643/2/Tese%20MestradoMarisa%20Agostinho.pdf>

Medeiros, R., & Ramada, D. (2010). *Conhecimento dos estudantes: HPV e cancro do colo do útero*. Tese de Mestrado em Oncologia, Instituto de Ciências Biomédicas Abel Salazar, Porto. Obtido em 14 de junho de 2014, de

<http://repositorioaberto.up.pt/bitstream/10216/45435/4/TeseDi%20anaRamada.pdf>

THE FAMILY CONTEXT AND SLEEP PATTERNS OF CHILDREN AND ADOLESCENTS

Ana Certo; Henriqueta Figueiredo; Manuel Brás; Kleiver Sanchez

Currently, the devaluation of sleep by society is common in different age groups. Changes in sleep patterns are common even in children and adolescents. These changes may be due to intrafamilial behaviors, cultural, psychological and social factors, genetic alterations and factors of child development. This study is an integrative review of the literature, carried out through the databases: Lilacs, Pubmed, Cinahl, Scopus, Cochrane e ORCID, covering the period from 2009 to 2016, with the descriptors in Portuguese and English: "family; Sleep patterns; children; Adolescents; Changes in sleep patterns "and" family; Sleep patterns; Children; Adolescents; Sleep disorders. Thirty-two articles were selected, of which 12 responded to the inclusion criteria, namely: investigations available in full electronically, Portuguese, English and Spanish; Answer the question of the study. The objective was to identify scientific research on aspects related to family context and sleep patterns of children and adolescents. The results highlight that the parents' behaviors are associated with changes in sleep patterns, that is, the family sleep routine was one of the parameters with a greater significant representation in the sleep patterns of children and adolescents. In addition, the presence of a significant relationship between family socioeconomic indicators, their culture and ethnicity, and adolescents' sleep were evidenced. A striking evidence is that most parents (81%) believed that their child had healthy sleep habits, but 50% to 33% of the children had unhealthy sleep or insufficient sleep. I conclude that the family has an elementary role in the sleep/wake process of children and adolescents. Therefore, the promotion of sleep literacy in different family contexts would be of benefit to their sleep quality.

Keywords: family; sleep patterns; children; adolescents; sleep disorders

References:

Bernardo, M., Pereira, E., Louzada, F., & D'Almeida, V. (2009). Duração do sono em adolescentes de diferentes níveis socioeconômicos. *J Bras Psiquiatr.* 2009;58(4):231-237.

Karen A., Barbara, S. & Clyde (2016). Sleep health literacy in head start families and staff: exploratory study of knowledge, motivation, and competencies to promote healthy sleep. *S. Sleep Health*, 2(1): 19–24. doi:10.1016/j.sleh.2015.12.002.

Shailesh, D., Rebecca, R., & Rakesh J. (2011). Bed Sharing in School-Age Children—Clinical and Social Implications. *Journal of Child and Adolescent Psychiatric Nursing*, 285-289.

Zhang, J., Li, A. M., Fok, T. F., & Wing, Y. K. (2010). *Roles of Parental Sleep/Wake Patterns, Socioeconomic Status, and Daytime Activities in the Sleep/Wake Patterns of Children*. *Journal of Pediatrics*, 156(4). DOI: [10.1016/j.jpeds.2009.10.03](https://doi.org/10.1016/j.jpeds.2009.10.03).