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Abstracts

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MINISTÉRIO DA EDUCAÇÃO E CIÊNCIA
SYSTEMATIZATION OF THE CARE SYSTEM NURSING FOR TYPE II DIABETES MELLITUS: STUDY OF CASE

João Henrique Araújo Andrade, Juarez Henrique Teixeira Gonçalves, Janaína Medeiros Macêdo Menêzes, Cassia Regina Santana Souza, Raiana Soares de Sousa Silva

Introduction: Type II Diabetes Mellitus (noninsulin-dependent) is mainly due to insulin resistance associated with lower hormone secretion. In Brazil, the Public Health System has an specialized sector to take care of these patients, where several nurse care can be implanted, including diagnosis and interventions that are necessary so these patients can have a better life quality.

Objective: Increase the knowledge about this pathology and apply the nurse assistance systematization, prioritizing the holistic medical care to patients with diabetic foot.

Methods: A qualitative, descriptive study was realized as a case study, realized in 2012 during the internship of the collective health discipline of the Bachelor in Nursing course from the State University of Bahia. The data collection was made through interviews and physic exam, that supported the construction of the nursing diagnosis and interventions.

Results: Nursing acts monitoring blood glucose levels, hyperglycemia, edema, signs of infection, promoting an adequate diet and self-care, helping the stroll ambulation, among others.

Conclusions: From the necessity of case studies rises the desire to understand complexes social phenomena. With the study it was able to understand the pathologic aspects of the mentioned disease, attend systematic assistance, preserving the holistic characteristics and offering a better life quality to the diabetic patient.

Descriptors: Diabetes Mellitus; SAE; Care; Nursing; Public Health.