III International Congress of Emotional Intelligence
8, 9 and 10 September 2011 | Opatija | Croatia

Book of Abstracts

They're out there
CONGRESS ORGANIZER:
CENTER FOR CROSSCULTURAL RESEARCH AND DEVELOPMENT OF EMOTIONAL AND SOCIAL COMPETENCES
FACULTY OF HUMANITIES AND SOCIAL SCIENCES, UNIVERSITY OF RIJeka
CROATIAN PSYCHOLOGICAL CHAMBER

LOCAL ORGANIZING COMMITTEE:
BOROVAC, Katja
BRADIĆ, SANJA
GLIGORA, HRVOJE
HAJNCL, LJERKA
MILETIĆ, IRENA
MILOVANOVIĆ, TAMARA
MOHORIĆ, TAMARA
PAHLJINA REINIĆ, ROSANDA
PLETIKOSIĆ, SANDA
SMOJVER-AŽIĆ, SANJA
TAKŠIĆ, SANJANA
TAKŠIĆ, VLADIMIR
TURKOVIĆ, TATJANA
VUČENOVIĆ, DARIO
ZEC, LORENA
ŽAUHAR, VALNEA

PUBLISHER:
CENTER FOR CROSSCULTURAL RESEARCH AND DEVELOPMENT OF EMOTIONAL AND SOCIAL COMPETENCES
FACULTY OF HUMANITIES AND SOCIAL SCIENCES, UNIVERSITY OF RIJeka

EDITOR IN CHIEF:
TAKŠIĆ, VLADIMIR, COORDINATOR OF LOCAL AND SCIENTIFIC COMMITTEE

TECHNICAL EDITOR:
MILETIĆ, IRENA

COVER DESIGN:
"PETRAK-ŽAIA STUDIO"

EDITORIAL BOARD:
MEMBERS OF THE LOCAL ORGANIZING COMMITTEE

PRINTED BY:
GRAFIKA HELVETICA D.O.O.

EDITION:
350 COPIES


NOTE:
The Book of Abstracts contains published abstracts received from the authors after the suggestions of the reviewers. Possible interventions in the text summaries represent minor modifications, with the effort not to change the meaning of the text.
PROGRAM COMMITTEE:

AUGUSTO, JOSÉ MARÍA, UNIVERSITY OF JAEN
AVSEC, ANDREJA, UNIVERSITY OF LJUBLJANA
BRACKETT, MARC A., YALE UNIVERSITY
BUŠKO, VESNA, FACULTY OF HUMANITIES AND SOCIAL SCIENCES, UNIVERSITY OF ZAGREB
CANO VINDA, ANTONIO, COMPLUTENSE UNIVERSITY OF MADRID
CHAMORRO-PREMUZIC, TOMAS, GOLDSMITHS UNIVERSITY OF LONDON
ETXEBARRIA, ITZIAR, UNIVERSITY OF BASQUE COUNTRY
EXTREMA, NATAILIO, UNIVERSIDAD DE MÁLAGA
FARIA, LUISA, UNIVERSITY OF PORTO
FERNÁNDEZ-ABASCAL, ENRIQUE G., UNED. MADRID
FERNÁNDEZ-BERROCAL, PABLO, UNIVERSIDAD DE MÁLAGA
JOKIĆ-BEGIĆ, NATASA, FACULTY OF HUMANITIES AND SOCIAL SCIENCES, UNIVERSITY OF ZAGREB
KOTSOU, I LIOS, UNIVERSITÉ CATHOLIQUE DE LOUVAIN
LIMA SANTOS, NELSON, FERNANDO POEAA UNIVERSITY, PORTO
LIMONERO, JOAQUIM, AUTONOMA UNIVERSITY OF BARCELONA
LOPES, PAULO N., CATHOLIC UNIVERSITY OF PORTUGAL
MAYER, JOHN, UNIVERSITY OF NEW HAMPSHIRE
MENGES, JOCHEN, UNIVERSITY OF CAMBRIDGE
MIKULIC, ISABEL MARÍA, UNIVERSIDAD DE BUENOS AIRES
MOLANDER, BO, UMEÅ UNIVERSITY
PALOMERA, RAQUEL, UNIVERSITY OF CANTABRIA
PELLITERI, JOHN, QUEENS COLLEGE CITY UNIVERSITY OF NY
RASHID, TABASUM, EFET UNIVERSITY
SALOOVEY, PETER, YALE UNIVERSITY
SCHMITZ, PAUL, UNIVERSITY OF BONN
TOYOTA, HIROSII NARA, UNIVERSITY OF EDUCATION
VÁZQUEZ CARMELO, COMPLUTENSE UNIVERSITY OF MADRID
XU, QINMEI, ZHEJIANG UNIVERSITY, HANGZHOU
DISCOURSIVE CONSTRUCTION OF RESILIENCE AS A MODERATE VARIABLE OF EMOTIONAL COMPETENCE

Veiga Branco Augusta 1, Correia José 2, Marques-Teixeira João 2  
(1) Polytechnic Institute of Bragança, Portugal,  
(2) Faculdade de Psicologia e Ciências da Educação da Universidade do Porto

To contribute to the Resilience understanding, as an integrating construct (Zautra et al., 2008) and a dynamic process of effective adaptation in the face of adversity (Luthar, 2006), in this study, we identify two Resilience profiles: Positive and Negative, respectively, that comprising the Major and Minor Emotional Competence Profile, in previous study (Veiga-Branco, 2007).

Aim: To identify attitudes that build different Resilience.

Method: Qualitative and retrospective study – second of a joint study (quantitative/qualitative) on "Emotional Competence Profile" - developing a "ground theory", from the speeches of semi-structured, in-depth interviews, - using a Guide with 25 questions built for this purpose – made to an intentional sample (Glaser and Strauss, 1967) of 18 individuals: 10 men and 8 women, 29 to 53 years old, teachers in primary and secondary schools in northern Portugal, with 5 to 10 years in the profession. This sample was selected from the minimum and maximum scores found in responses to the "Emotional Competence Veiga Scale" (Veiga-Branco, 2004) in the previous quantitative study.

Results: The discoursive content of the interviews, displays two Resilience Profiles:

1. "Positive Resilient - Determination and Tenderness" - personal determination built on the experiences of suffering, as a legacy of dignity and strength, which enhances feelings of self-esteem, self-confidence and self-concept of positive dispositional attribution, without anger or self-pity. This falls in the "Greater Emotional Competence Profile" experienced: the implementation of its strategies, illustrates very effective operational routes.

2. "Negative Resilient - Affectivity and Deprivation" - it emerges from hurtful walks of life and great suffering, but - as opposed to the first - with feelings of negative emotional tone (self-pity, emotional deprivation and relational dependence) and it generates categories which insert the "Minor Emotional Competence Profile" because the strategies (personal and contextual) of emotional management seems operative, but not effective enough.

Keywords: negative resilience, positive resilience, emotional competence, ground theory, well-being