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To cite this article: Sandra Afonso, Margarida Arrobas, Jorge Sá Morais & M. Ângelo Rodrigues (2021) Hop dry matter yield and cone quality responses to amino acid and potassium-rich foliar spray applications, Journal of Plant Nutrition, 44:14, 2042-2056, DOI: 10.1080/01904167.2021.1889597

To link to this article: https://doi.org/10.1080/01904167.2021.1889597

Published online: 23 Feb 2021.
Hop dry matter yield and cone quality responses to amino acid and potassium-rich foliar spray applications

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ABSTRACT
The use of amino acid and K-rich foliar sprays was evaluated in a commercial hop field in North-eastern Portugal. Four applications of an amino acid-rich foliar spray were performed in place of a second side dress N application of ~70 kg N ha⁻¹, which is usually applied by the farmer. The K-rich foliar spray was applied once at the cone developing stage as a supplement to the farmer’s fertilization plan. The amino acid-enriched foliar spray maintained crop dry matter yield at the levels of the control treatment and increased cone alpha-acids concentration (41.8% in 2018 and 9.3% in 2019). Foliar K did not increase cone dry matter yield, cone size or bitter acid concentration. Tissue K concentration was not significantly affected by foliar treatments whereas the application of K seemed to increase N uptake, with leaves and stems being the predominant allocation tissues. Both foliar treatments increased leaf and stem Mg concentrations. The results seem to emphasize the importance of amino acids in the biosynthesis of bitter acids, while K and Zn seemed to play an important secondary role, maybe related to N metabolism and its reduction into amino acids. The concentrations of total phenols in cones and leaves were lower in the foliar treatments in comparison to the control, and the higher values registered in leaves. In this study, the use of amino acids as a foliar spray provided an interesting result, since they maintained cone dry matter yield and increased cone bitter acid concentration with reduced N use.

ARTICLE HISTORY
Received 27 August 2020
Accepted 29 September 2020

KEYWORDS
Alpha and beta-acids; foliar fertilization; hop dry matter yield; hop quality; Humulus lupulus

Introduction
Commercial hop (Humulus lupulus L.) fields of North-eastern Portugal are grown under the European Union norms of integrated crop management which allow the use of conventional mineral fertilizers. Hop is a climbing plant, exceeding 7 m in height. The biomass that the plant produces is huge, which makes it a highly demanding crop for nutrients, in particular for nitrogen (N), the nutrient required most for plant growth (Kraiser et al. 2011; Turner et al. 2011). Hop is a crop of high operational costs, which causes farmers to search constantly for more economical and/or effective alternatives to increase crop yield and quality.

N is taken up by plant roots mainly as nitrate (NO₃⁻) and ammonium (NH₄⁺) ions, and to a lesser extent in the form of amino acids (Lambers, Chapin, and Pons 2008; McAllister, Beatty, and Good 2012). NO₃⁻ is the predominant form of N taken up by plants in agricultural well aerated soils, NH₄⁺ in non-fertilized soils or waterlogged conditions, and amino acids in areas of reduced ammonification and nitrification such as in boreal forests (Hawkesford et al. 2012; Schulze et al. 2019). When NO₃⁻ is the N form taken up by the plant, it needs to be reduced to...
NH₃/NH₄⁺ to be assimilated into amino acids, which has a high energy cost to the plant. NH₄⁺ resulting from NO₃⁻ reduction, or taken up directly from the soil, needs to be quickly assimilated since it is toxic to the plant (Lal 2018a; Schulze et al. 2019). Thus, the uptake of a more reduced form of N, such as amino acids, may have several benefits to the plant which firstly include the lower biosynthetic cost (Lambers, Chapin, and Pons 2008). Moreover, soil inorganic N fertilization is usually associated with reduced N use efficiency and a high risk of environmental contamination, mainly due to nitrate leaching, denitrification and ammonia volatilization (Dimkpa et al. 2020). Amino acids can also have a biostimulant effect on plants, which increases their growth and development, and can reduce the need for fertilizers (Halpern et al. 2015).

Amino acid-based fertilizers may be applied to the soil or as foliar sprays (Drobek, Frąc, and Cybulska 2019). Foliar applications are more orientated to the target organs, with lesser amounts being supplied. Although macronutrient requirement in high-yielding crops is unlikely to be met with foliar sprays (Fageria et al. 2009), partial replacement of conventional fertilization may benefit crop yield while reducing production costs and environmental damage. Positive effects of amino acid-containing biostimulants in the increasing of growth and yield have been commonly reported in horticultural crops (Drobek, Frąc, and Cybulska 2019). In fruit crops, the application of amino acids as foliar sprays can also be effective in improving yield and fruit quality (Abd El-Razek et al. 2018; Ilie, Petrișor, and Hoza 2018). Regarding hops, there is little data on the use of biostimulants or amino acid-based formulations. Prochážka et al. (2018) tested a set of biologically active substances in hop, one of which was based on a seaweed (Ascophyllum nodosum) extract, containing macro and micronutrients and amino acids. This treatment, however, did not produce relevant results in terms of hop yield and quality in comparison to the many other fertilizing materials.

Hop cones are the most valuable plant part, usually used in the brewing industry (Almaguer et al. 2014). It is in the lupulin glands of the hop cones that the bitter alfa (α)- and beta (β)-acids are synthetized, which contribute to the bitter flavor of beer, its preservation, and foam stability (Almaguer et al. 2014). The contribution of α-acids to beer bitterness is much more important than β-acids and the content of both in hop cones has to be measured to determine the addition ratio to the beer brew (Small 2016). Consequently, the income of hop farmers depends greatly on the bitter acid content in hop cones. In this regard, factors promoting the size and quality of hop cones are of ultimate importance. The effect of potassium (K) on the growth phase of flowers and fruits is well known (Hawkesford et al. 2012; Hasanuzzaman et al. 2018), including its role in the development of hop cones (Gingrich, Hart, and Christensen 1994).

In plants, K does not form part of organic structures, although it has important roles in several biological processes such as photosynthesis, respiration, osmoregulation, phloem transport and biosynthesis of protein, sugar and starch, which ultimately contribute to plant growth and fruit quality (Kathpalia and Bhatla 2018; Schulze et al. 2019). The use of K-based foliar sprays is currently increasing mainly due to their potential positive effects on crop quality (Dean 2019). Valentinuzzi et al. (2018) found that foliar applications of K did not affect strawberry (Fragaria × ananassa) fruit yield but improved several quality parameters. In a review of the subject, Ahmad et al. (2018) reported that the positive effects of K application are usually more consistent under drought conditions.

Amino acid-based fertilizers are having an increasing use among hop producers in Portugal. In this region, hop farmers often apply foliar K sprays late in the growing season to increase cone size and quality, but without the results ever being monitored by experimental work. Thus, there is a scarcity of data on the effects of amino acid or K-rich foliar sprays in hop fields in Portugal as well as in other hop producing countries. In order to reduce the gap in the data on such an important subject to hop farmers, the present research has two main objectives: i) to evaluate the effects on plant nutritional status, hop yield and quality of an amino acid-enriched foliar spray, in place of a proportion of the N applied to the soil as a side dressing; and ii) to
evaluate the effects on cone yield and quality of a K-rich foliar spray applied at cone developing stage, as a supplement to soil fertilization.

**Materials and methods**

**Field experiments characterization**

The field trial was conducted during two growing seasons, from 2018 to 2019, in a hop farm in Pinela (41°40′33.6″N 6°44′32.7″W), NE Portugal. The region benefits from a Mediterranean-type climate (average annual air temperature of 12.7°C; annual precipitation of 772.8 mm). Some of physical and chemical soil properties, from composite soil samples collected at 0-30 cm depth, in the rows and between rows, previously to the beginning of the experiment, are presented in Table 1.

<table>
<thead>
<tr>
<th>Soil properties</th>
<th>In rows</th>
<th>Between rows</th>
</tr>
</thead>
<tbody>
<tr>
<td>pH&lt;sub&gt;H2O&lt;/sub&gt;</td>
<td>5.7 ± 0.29</td>
<td>5.8 ± 0.15</td>
</tr>
<tr>
<td>Organic carbon (g kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;a&lt;/sup&gt;</td>
<td>20.3 ± 0.54</td>
<td>16.9 ± 0.45</td>
</tr>
<tr>
<td>Extractable P (mg P&lt;sub&gt;2O5&lt;/sub&gt; kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;b&lt;/sup&gt;</td>
<td>268.4 ± 123.8</td>
<td>276.6 ± 122.1</td>
</tr>
<tr>
<td>Extractable K (mg K&lt;sub&gt;2O&lt;/sub&gt; kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;b&lt;/sup&gt;</td>
<td>376.8 ± 116.8</td>
<td>326.5 ± 53.5</td>
</tr>
<tr>
<td>Exchangeable Ca (cmolc kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;c&lt;/sup&gt;</td>
<td>5.2 ± 1.56</td>
<td>4.2 ± 1.11</td>
</tr>
<tr>
<td>Exchangeable Mg (cmolc kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;c&lt;/sup&gt;</td>
<td>1.3 ± 0.79</td>
<td>0.6 ± 0.11</td>
</tr>
<tr>
<td>Exchangeable K (cmolc kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;c&lt;/sup&gt;</td>
<td>0.7 ± 0.23</td>
<td>0.6 ± 0.20</td>
</tr>
<tr>
<td>Exchangeable Na (cmolc kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;c&lt;/sup&gt;</td>
<td>0.04 ± 0.01</td>
<td>0.1 ± 0.03</td>
</tr>
<tr>
<td>Exchangeable acidity (cmolc kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;c&lt;/sup&gt;</td>
<td>0.3 ± 0.14</td>
<td>0.2 ± 0.10</td>
</tr>
<tr>
<td>Cation-exchange capacity (cmolc kg&lt;sup&gt;-1&lt;/sup&gt;)</td>
<td>7.8 ± 2.13</td>
<td>6.0 ± 1.33</td>
</tr>
<tr>
<td>Extractable B (mg kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;d&lt;/sup&gt;</td>
<td>1.0 ± 0.19</td>
<td>0.5 ± 0.17</td>
</tr>
<tr>
<td>Extractable Fe (mg kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;e&lt;/sup&gt;</td>
<td>219.6 ± 57.2</td>
<td>253.8 ± 51.8</td>
</tr>
<tr>
<td>Extractable Mn (mg kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;e&lt;/sup&gt;</td>
<td>144.7 ± 28.2</td>
<td>194.5 ± 19.3</td>
</tr>
<tr>
<td>Extractable Zn (mg kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;e&lt;/sup&gt;</td>
<td>4.9 ± 1.91</td>
<td>4.6 ± 1.57</td>
</tr>
<tr>
<td>Extractable Cu (mg kg&lt;sup&gt;-1&lt;/sup&gt;)&lt;sup&gt;e&lt;/sup&gt;</td>
<td>11.7 ± 2.59</td>
<td>12.4 ± 1.68</td>
</tr>
</tbody>
</table>

<sup>a</sup>Wet oxidation (Walkley-Black);
<sup>b</sup>Egner-Riehm;
<sup>c</sup>Ammonium acetate, pH 7;
<sup>d</sup>Hot water, azomethine-H;
<sup>e</sup>Ammonium acetate and EDTA.

The cultivar Nugget is grown in a 7 m conventional high trellis system, with concrete poles, connected with cable, in a “V” design system. The plants are mechanically pruned in late winter. In summer, the hop is irrigated by flooding the space between rows. Several tillage passes are performed every year to prepare the ridges for irrigation, control weeds and remove soil crusts to allow water infiltration during summer. The farmer follows a crop health protection programme against downy mildew (*Pseudoperonospora humuli*), powdery mildew (*Podosphaera macularis*), several aphids and mites, which he applies as needed.

The experiment was arranged as a fully randomized design with three fertilizer treatments and four replications (four random plants of equivalent size selected before the application of the fertilizers). The fertilization treatments were: 1) Control, as the fertilization plan performed by the farmer, consisting of the application of 500 kg ha<sup>-1</sup> of a compound NPK fertilizer (7:14:14) late in winter, followed by two side dress N applications performed during the growing season, the first with ~250 kg ha<sup>-1</sup> of nitromagnesium (27% N as NH<sub>4</sub>NO<sub>3</sub> + 3.5% MgO + 3.5% CaO) and the second with ~450 kg ha<sup>-1</sup> of calcium nitrate (15.5% N as NO<sub>3</sub><sup>-</sup> + 27% CaO); 2) +K, consisting of the same fertilization plan referred to the control treatment with an additional application of a K-rich foliar spray at cone development stage; and 3) AA, where the second side dress N application of the control treatment was replaced by four applications of an amino acid-based foliar spray.
The K-rich foliar spray contained (w/w) 31% K2O, 3% N and 1% EDTA and was applied at a rate of 41 ha⁻¹ at the end of July (July 30th 2018 and July 29th 2019). The amino acid-enriched foliar spray contained (w/w) 53% of total amino acids (8.6% free amino acids), 9% total N (8.6% organic N) and 54% total organic matter (27.2% organic carbon) and was applied at a rate of 2.51 ha⁻¹, four times during the growing season (June 20th, July 8th, July 24th and July 30th 2018, and June 13th, June 28th, July 15th and July 29th 2019).

**Data acquisition in the field and tissue sampling**

Estimates of the leaf greenness were measured by using the portable SPAD (Soil and Plant Analysis Development)-502 Plus chlorophyll meter, which provide adimensional values, proportional to the chlorophyll content of the leaves. The device measures the transmittance of light through the leaves in two wavelengths, at 650 nm (red light absorbed by chlorophyll) and 940 nm (infrared light, non-absorbed by chlorophyll). Thirty readings for each measurement were taken from the distal lobe of young fully expanded leaves on July 16th 2018 and July 5th 2019 in the Control and AA treatments, seven days after the second application of amino acids. SPAD readings were taken a second time on August 7th 2019 for all treatments, after the application of the K-rich foliar spray and the last application of the amino acids.

A Normalized Difference Vegetation Index (NDVI) was determined by using the hand-held FieldScout CM 1000. The meter senses and measures the ambient light at the wavelength of 660 nm and the reflected light (non-absorbed by leaf chlorophyll) at 840 nm wavelength. The NDVI values (between −1 and 1) are calculated from the equation 
\[
\text{NDVI} = \frac{\%\text{Near Infrared} - \%\text{Red}}{\%\text{Near Infrared} + \%\text{Red}}.
\]

Chlorophyll a fluorescence and OJIP transient was determined by using the OS-30p + chlorophyll meter through the dark adaptation protocols FV/FM, Fo/F0 and the advanced OJIP test. Fo, F0 and FV are, respectively, maximum, minimum and variable fluorescence from dark adapted leaves, and FV/FM = (FM-F0)/FM and FV/F0 = (FM-F0)/F0. The OJIP test provides origin fluorescence at 20 μs (O), fluorescence at 2 ms (J), fluorescence at 30 ms (I) and maximum fluorescence (P, or FM). Measurements were taken from the distal lobe of fully expanded young leaves, after a period of dark adaptation longer than 35 min in the same dates as SPAD readings.

In the first date of field measurements, at the middle of the growing season (July 16th 2018 and July 5th 2019), leaf samples were taken at ~2 m height for elemental analysis. At harvest (August 27th to 31st 2018 and August 29th to 31st 2019), the aboveground biomass was cut at ground level and separated into two samples of leaves (bottom and upper halves), stems and cones and weighed in fresh. Simultaneously, subsamples of each plant part were weighed again in fresh, oven dried at 70°C and weighed dry for determination of dry matter yield of the different plant parts. Additionally, subsamples of 30 dried cones for each replication were randomly selected for determination of the dry mass of individual cones. Thereafter, subsamples of all tissues were ground and analyzed for elemental composition.

**Laboratory analyses**

The soil samples were oven-dried at 40°C and sieved in a mesh of 2 mm. The samples were analyzed for pH (H2O) (soil: solution, 1:2.5), cation-exchange capacity (ammonium acetate, pH 7.0), organic carbon (wet digestion, Walkley-Black method) and extractable phosphorus (P) and K (Egner-Riehm method). Soil boron (B) was extracted by hot water and the extracts analyzed by the azomethine-H method. The analytical procedures for these analyses were performed according to Van Reeuwijk (2002). The availability of other micronutrients, cooper (Cu), iron (Fe), zinc (Zn) and manganese (Mn), in the soil was determined by atomic absorption spectrometry after
extraction with ammonium acetate and EDTA, according to the method described by Lakanen and Erviö (1971).

Elemental tissue analyses were performed by Kjeldahl (N), colorimetry (B and P), flame emission spectrometry (K) and atomic absorption spectrophotometry [calcium (Ca), magnesium (Mg), Cu, Fe, Zn and Mn] methods after nitric digestion of the samples (Temminghoff and Houba 2004). Nitrate concentration in hop cones was determined according to Clescerl, Greenberg, and Eaton (1998), by UV-vis spectrophotometry in a water extract (dry cone:solution, 2.5:50). Bitter acids (α- and β-acids) in hop cones were extracted with methanol and diethyl ether by HPLC, according with Analytica EBC 7.7. method (EBC Analysis committee 1998).

Data analysis

Data was subject to one-way analysis of variance, according to the experimental design, to check for significant differences between fertilizer treatments, using SPSS program v. 25. When significant differences were found, the means were separated by Tukey HSD test ($\alpha = 0.05$). A correlation analysis was also performed for cones data with Spearman coefficient.

Results

Plant dry matter yield

Dry matter yield of total aboveground biomass or plant part (stems, leaves and cones) did not significantly differ among treatments in both years (Figure 1). Total aboveground dry matter yield varied from 1330 and 1494 g plant$^{-1}$ in 2018 and from 1287 and 1524 g plant$^{-1}$ in 2019. The dry matter of cones was found between 397 and 454 g plant$^{-1}$ and 395 and 485 g plant$^{-1}$, respectively in 2018 and 2019.

The size of the cones also did not significantly vary between treatments (Data not shown). Average values varied between 0.22 and 0.26 g cone$^{-1}$ in 2018 and 0.20 and 0.22 g cone$^{-1}$ in 2019.

Tissue nutrient concentration and removal

For the majority of the nutrients, the concentration in the leaves taken at 2 m height during the growing season, significantly varied between control and AA treatments (Table 2). The control treatment tended to show higher leaf concentration of N, P, Mn, Zn (significant differences in 2018) and K (significant differences in both years). The AA treatment showed significantly higher values of Mg (in 2018), Fe (in 2018) and B (in 2019). Ca and Cu did not significantly vary between the control and AA treatments. Comparing the average leaf nutrient concentrations to the sufficiency ranges reported for hop mature leaves, several nutrients were found below or above, respectively to the lower and upper limits of the adequate range. Leaf P and Mn levels, consistently lower and higher than the sufficiency ranges, were probably the most noticeable cases. Average P levels were always below 2.2 g kg$^{-1}$, whereas the sufficiency range is set at 2.7-5.4 g kg$^{-1}$. Average Mn values were higher than 300 mg kg$^{-1}$ in both treatments and years, whereas the upper limit of the sufficiency range is 125 mg kg$^{-1}$. Fe also tended to appear out of the sufficiency range. In 2019, for instance, the AA treatment registered a leaf Fe concentration of 253 mg kg$^{-1}$, a value highly above the upper limit of the sufficiency range set at 98 mg kg$^{-1}$.

At harvest, there were also found significant differences between fertilizer treatments for all the nutrients, at least for one of the years or leaf position in the canopy. The results of the bottom half leaves were also shown in Table 2. Those of the top half leaves were not present, due to their similarities. The most relevant trends probably are: the higher leaf K levels in the control
and +K treatments in comparison to AA treatment; the higher levels of leaf N in the +K treatment; the lower leaf Mg levels in the control treatment; and the higher leaf Fe levels in the AA treatment. No consistency was found for punctual significant differences found for the other treatments. Leaf Mn and Fe levels appeared particularly higher than the values reported as sufficiency ranges.

The concentration of most of the nutrients in the stems significantly varied between fertilizer treatments, at least in one of the years, the exceptions being K and Fe (data not shown). However, average K concentration in stems was higher in control and +K treatments, following the trend observed in the leaves. Average stem N levels tended to be higher in the +K treatment and P, Mg and Zn tended to be lower in the control treatment. A consistent trend was not observed for the other elements even for those in which significant differences were found in a single year.

Nutrient concentration in cones varied less than in the other plant tissues (Table 3). Significant differences among fertilizer treatments occurred only for five (N, P, Ca, Mn and Cu) of the ten nutrients analyzed at least in one year. The concentration of K, Mg, Fe, Zn and B in the cones did not significantly vary among fertilizer treatments. The AA treatment showed the lower average cone N concentrations.

Plant nutrient removal did not significantly vary for N, P, Ca and B when appreciated by each plant tissue within each year or even when the sum of the total aboveground dry matter of the two years were analyzed (data not shown due to its extensity). For the majority of the other nutrients, significant differences between fertilizer treatments were found for a particular tissue and/or year, but when appreciated as the sum of all tissue parts and years, significant differences were only found for Mn. In this particular case, the plants of the control treatment recovered more Mn than those of the +K treatment.

**SPAD, NDVI, chlorophyll fluorescence**

In 2018, SPAD readings, NDVI and chlorophyll fluorescence variables did not significantly vary with fertilizer treatments (data not shown). In 2019, SPAD values also did not differ significantly between treatments in any of the measuring dates (Table 4). Average values varied from 40.2 (July 2019, C treatment) to 43.4 (August 2019, AA treatment). NDVI significantly varied among the fertilizer treatments in the measurements of August 2019. In this date, the +K treatment gave
Table 2. Leaf nutrient concentration (average ± standard deviation) in July sampling (leaves taken at 2 m height) and at harvest (bottom half leaves) from the control (C), amino acid-based (AA) and K-rick (+K) foliar treatments. In July sampling the +K treatment was not yet applied and leaves were not taken. In columns, within each year means followed by the same letter are not significantly different by Tukey HSD test ($\alpha = 0.05$).

<table>
<thead>
<tr>
<th>Year</th>
<th>Treatment</th>
<th>N (g kg$^{-1}$)</th>
<th>P</th>
<th>K (mg kg$^{-1}$)</th>
<th>Ca</th>
<th>Mg</th>
<th>Fe</th>
<th>Mn</th>
<th>Cu</th>
<th>Zn</th>
<th>B</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>July sampling</td>
<td></td>
<td></td>
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<td></td>
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<td></td>
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<td></td>
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</tr>
<tr>
<td>2018</td>
<td>C</td>
<td>34.7 ± 0.57a</td>
<td>2.2 ± 0.15a</td>
<td>41.8 ± 4.60a</td>
<td>14.2 ± 1.69a</td>
<td>5.8 ± 0.60b</td>
<td>81.3 ± 10.6b</td>
<td>494.4 ± 60.4a</td>
<td>5.9 ± 1.52a</td>
<td>23.9 ± 2.61a</td>
<td>53.2 ± 2.52a</td>
</tr>
<tr>
<td></td>
<td>AA</td>
<td>31.9 ± 0.26b</td>
<td>1.6 ± 0.11b</td>
<td>26.7 ± 1.92b</td>
<td>14.6 ± 1.46a</td>
<td>8.5 ± 0.58a</td>
<td>109.7 ± 12.4a</td>
<td>340.5 ± 17.0b</td>
<td>6.4 ± 0.12a</td>
<td>15.1 ± 1.20b</td>
<td>48.7 ± 2.80a</td>
</tr>
<tr>
<td>2019</td>
<td>C</td>
<td>34.0 ± 0.69a</td>
<td>1.4 ± 0.07a</td>
<td>19.0 ± 0.53a</td>
<td>11.2 ± 2.06a</td>
<td>4.0 ± 0.62b</td>
<td>192.3 ± 32.7a</td>
<td>320.5 ± 64.9a</td>
<td>8.4 ± 1.32a</td>
<td>27.7 ± 2.67a</td>
<td>54.2 ± 4.83b</td>
</tr>
<tr>
<td></td>
<td>AA</td>
<td>33.6 ± 0.67a</td>
<td>1.5 ± 0.10a</td>
<td>13.0 ± 1.13b</td>
<td>12.9 ± 0.97a</td>
<td>5.4 ± 0.49a</td>
<td>252.9 ± 52.8a</td>
<td>338.4 ± 90.13a</td>
<td>10.7 ± 2.69a</td>
<td>46.8 ± 33.6a</td>
<td>61.1 ± 1.99a</td>
</tr>
<tr>
<td></td>
<td>Sufficiency range</td>
<td>[32-56]</td>
<td>[2.7-5.4]</td>
<td>[16-34]</td>
<td>[10.3-25.7]</td>
<td>[2.9-6.7]</td>
<td>[44-98]</td>
<td>[45-125]</td>
<td>[8-29]</td>
<td>[23-108]</td>
<td></td>
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<tr>
<td>2018</td>
<td>Harvest sampling (bottom half leaves)</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>C</td>
<td>27.4 ± 2.78ab</td>
<td>1.3 ± 0.05ab</td>
<td>29.5 ± 4.53a</td>
<td>15.6 ± 1.49ab</td>
<td>4.8 ± 0.45b</td>
<td>262.5 ± 8.47b</td>
<td>452.5 ± 74.2a</td>
<td>7.1 ± 0.57a</td>
<td>17.7 ± 2.19a</td>
<td>62.3 ± 6.64b</td>
</tr>
<tr>
<td></td>
<td>+K</td>
<td>31.3 ± 2.16a</td>
<td>1.3 ± 0.06b</td>
<td>31.9 ± 2.57a</td>
<td>16.4 ± 0.64a</td>
<td>7.0 ± 0.85a</td>
<td>249.8 ± 21.3b</td>
<td>374.4 ± 91.9a</td>
<td>6.0 ± 0.38a</td>
<td>15.7 ± 1.96ab</td>
<td>91.0 ± 8.19a</td>
</tr>
<tr>
<td></td>
<td>AA</td>
<td>26.2 ± 2.12b</td>
<td>1.4 ± 0.08a</td>
<td>24.9 ± 4.53a</td>
<td>13.7 ± 1.63b</td>
<td>7.4 ± 0.69a</td>
<td>339.6 ± 27.8a</td>
<td>428.0 ± 94.6a</td>
<td>6.9 ± 1.29a</td>
<td>12.8 ± 1.87b</td>
<td>60.4 ± 2.40b</td>
</tr>
<tr>
<td>2019</td>
<td>C</td>
<td>30.3 ± 0.38ab</td>
<td>1.0 ± 0.12b</td>
<td>24.6 ± 2.32a</td>
<td>16.1 ± 2.92a</td>
<td>6.4 ± 1.16a</td>
<td>213.4 ± 5.12b</td>
<td>346.3 ± 15.3b</td>
<td>5.7 ± 0.05b</td>
<td>14.3 ± 0.71a</td>
<td>63.4 ± 2.29b</td>
</tr>
<tr>
<td></td>
<td>+K</td>
<td>32.4 ± 2.07a</td>
<td>1.3 ± 0.07a</td>
<td>21.6 ± 6.47a</td>
<td>15.9 ± 1.58a</td>
<td>6.1 ± 1.12a</td>
<td>261.9 ± 50.6ab</td>
<td>275.3 ± 9.7c</td>
<td>6.3 ± 0.48b</td>
<td>21.2 ± 4.69a</td>
<td>73.7 ± 2.85a</td>
</tr>
<tr>
<td></td>
<td>AA</td>
<td>27.9 ± 0.84b</td>
<td>1.2 ± 0.05ab</td>
<td>17.0 ± 3.21a</td>
<td>14.9 ± 1.69a</td>
<td>6.2 ± 0.99a</td>
<td>320.3 ± 37.3a</td>
<td>387.2 ± 20.4a</td>
<td>7.3 ± 0.46a</td>
<td>22.5 ± 4.33a</td>
<td>71.4 ± 6.57ab</td>
</tr>
</tbody>
</table>
Table 3. Cone nutrient concentration (average ± standard deviation) in August, at harvest, as a function of year and fertilizer treatment (C, control; +K, potassium-rich foliar spray; AA, amino acid-based foliar spray). Within each year, means followed by the same letter are not statistically different by Tukey HSD test ($\alpha = 0.05$).

<table>
<thead>
<tr>
<th>Year</th>
<th>Treatment</th>
<th>N (g kg$^{-1}$)</th>
<th>P (mg kg$^{-1}$)</th>
<th>K (g kg$^{-1}$)</th>
<th>Ca (g kg$^{-1}$)</th>
<th>Mg (g kg$^{-1}$)</th>
<th>Fe (mg kg$^{-1}$)</th>
<th>Mn (mg kg$^{-1}$)</th>
<th>Cu (mg kg$^{-1}$)</th>
<th>Zn (mg kg$^{-1}$)</th>
<th>B (mg kg$^{-1}$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018</td>
<td>C</td>
<td>24.6 ± 1.20a</td>
<td>2.6 ± 0.17a</td>
<td>21.4 ± 1.30a</td>
<td>3.0 ± 0.11a</td>
<td>2.3 ± 0.12a</td>
<td>229.9 ± 75.2a</td>
<td>84.1 ± 9.79a</td>
<td>12.1 ± 1.02a</td>
<td>31.4 ± 0.56a</td>
<td>25.5 ± 0.97a</td>
</tr>
<tr>
<td></td>
<td>+K</td>
<td>25.0 ± 0.70a</td>
<td>2.5 ± 0.19a</td>
<td>21.9 ± 1.85a</td>
<td>2.6 ± 0.30ab</td>
<td>2.0 ± 0.24a</td>
<td>143.8 ± 5.75a</td>
<td>66.8 ± 8.55ab</td>
<td>6.0 ± 0.96ab</td>
<td>34.5 ± 6.16a</td>
<td>27.9 ± 3.99a</td>
</tr>
<tr>
<td></td>
<td>AA</td>
<td>21.2 ± 0.59b</td>
<td>2.9 ± 0.16a</td>
<td>23.4 ± 1.54a</td>
<td>2.2 ± 0.38b</td>
<td>2.1 ± 0.31a</td>
<td>185.2 ± 33.4a</td>
<td>64.9 ± 9.34b</td>
<td>6.5 ± 0.30b</td>
<td>37.5 ± 5.29a</td>
<td>27.3 ± 1.19a</td>
</tr>
<tr>
<td>2019</td>
<td>C</td>
<td>27.3 ± 0.60a</td>
<td>2.5 ± 0.07ab</td>
<td>16.0 ± 1.83a</td>
<td>2.6 ± 0.41a</td>
<td>2.0 ± 0.20a</td>
<td>111.5 ± 10.9a</td>
<td>92.8 ± 12.4a</td>
<td>6.3 ± 0.39b</td>
<td>30.0 ± 3.07a</td>
<td>26.7 ± 1.57a</td>
</tr>
<tr>
<td></td>
<td>+K</td>
<td>27.3 ± 0.43a</td>
<td>2.8 ± 0.21a</td>
<td>18.1 ± 4.50a</td>
<td>3.0 ± 0.28a</td>
<td>2.2 ± 0.14a</td>
<td>193.5 ± 80.1a</td>
<td>75.1 ± 8.72a</td>
<td>7.5 ± 0.59a</td>
<td>31.1 ± 5.10a</td>
<td>26.6 ± 2.05a</td>
</tr>
<tr>
<td></td>
<td>AA</td>
<td>25.9 ± 1.63a</td>
<td>2.4 ± 0.15b</td>
<td>13.8 ± 1.87a</td>
<td>2.6 ± 0.28a</td>
<td>2.1 ± 0.17a</td>
<td>174.0 ± 18.8a</td>
<td>91.7 ± 4.98a</td>
<td>6.8 ± 0.52ab</td>
<td>30.0 ± 3.11a</td>
<td>26.7 ± 2.18a</td>
</tr>
</tbody>
</table>
Table 4. SPAD (Soil and Plant Analysis Development) readings, NDVI (Normalized Difference Vegetation Index) and chlorophyll \( a \) fluorescence in July (before the application of \( +K \) treatment) and August 2019 as a function of fertilizer treatment (C, control; \( +K \), potassium-rich foliar spray; AA, amino acid-based foliar spray) and year. Within each measurement date, means followed by the same letter are not statistically different by t-Student (2018) and Tukey HSD (2019) tests (\( \alpha = 0.05 \)).

<table>
<thead>
<tr>
<th>Date</th>
<th>Treatment</th>
<th>SPAD</th>
<th>NDVI</th>
<th>O</th>
<th>J</th>
<th>I</th>
<th>P</th>
<th>FV/FM</th>
<th>FV/F0</th>
</tr>
</thead>
<tbody>
<tr>
<td>July</td>
<td>C</td>
<td>40.2 ± 1.31a</td>
<td>0.778 ± 0.01a</td>
<td>232.3 ± 10.05a</td>
<td>362.8 ± 21.0a</td>
<td>553.3 ± 41.8a</td>
<td>742.3 ± 27.3a</td>
<td>0.797 ± 0.01a</td>
<td>3936.8 ± 226.4a</td>
</tr>
<tr>
<td></td>
<td>AA</td>
<td>41.0 ± 1.62a</td>
<td>0.770 ± 0.01a</td>
<td>221.3 ± 21.5a</td>
<td>334.8 ± 15.3a</td>
<td>526.5 ± 48.0a</td>
<td>725.8 ± 56.1a</td>
<td>0.803 ± 0.01a</td>
<td>4098.0 ± 232.5a</td>
</tr>
<tr>
<td>August</td>
<td>C</td>
<td>42.7 ± 1.56a</td>
<td>0.793 ± 0.01b</td>
<td>221.5 ± 15.9b</td>
<td>374.3 ± 12.3a</td>
<td>699.3 ± 28.2a</td>
<td>858.3 ± 52.4a</td>
<td>0.837 ± 0.02a</td>
<td>5169.5 ± 190.4a</td>
</tr>
<tr>
<td></td>
<td>( +K )</td>
<td>42.3 ± 0.53a</td>
<td>0.810 ± 0.01a</td>
<td>234.5 ± 15.7ab</td>
<td>400.5 ± 37.3a</td>
<td>768.3 ± 54.9a</td>
<td>931.8 ± 82.5a</td>
<td>0.842 ± 0.02a</td>
<td>5405.8 ± 602.5a</td>
</tr>
<tr>
<td></td>
<td>AA</td>
<td>43.4 ± 1.37a</td>
<td>0.778 ± 0.01b</td>
<td>254.3 ± 9.03a</td>
<td>404.3 ± 13.7a</td>
<td>786.0 ± 68.5a</td>
<td>950.5 ± 60.1a</td>
<td>0.837 ± 0.02a</td>
<td>5187.0 ± 686.7a</td>
</tr>
</tbody>
</table>

\( O \) – origin fluorescence values at 20 \( \mu s \); \( J \) – fluorescence values at 2 ms; \( I \) – fluorescence values at 30 ms; \( P \) – maximum fluorescence; \( FV/FM \) - ratio of variable fluorescence to maximum fluorescence; \( FV/F0 \) - ratio of variable fluorescence to minimum fluorescence.
significantly higher values than the control and AA treatments. Chlorophyll fluorescence variables showed also little sensitivity to the fertilizer treatments. Only in the O (origin), the values significantly differed among treatments in the measurement taken in august 2019.

### Bitter acids and nitrate concentration in the cones

The concentration of α-acids in the cones significantly varied between the fertilizer treatments only in 2018 (Figure 2). The concentration of α-acids ranged from 10.4 to 14.8%, respectively in the control and AA treatments. The concentration of β-acids, in turn, significantly varied between the fertilizer treatments in both years. The higher β-acids concentrations were also found in the AA treatment (4.60 and 3.96%, respectively in 2018 and 2019), whereas the lower values were found in the control treatment (3.57% in 2018 and 3.59% in 2019). The nitrate (NO₃⁻) concentration in hop cones did not significantly vary between treatments in any of the years (data not shown). Even so, it can be noted that the average values were consistently higher in the +K treatment.

### Total phenol concentration in the cones and leaves

Total phenol concentration in cones and leaves in the samples collected at harvest in 2018 differed significantly between treatments for all tissues (Figure 3). In the cones, total phenol concentrations were significantly lower in + K in comparison to the other treatments. In the leaves, the higher values were found in the control treatment. The control treatment exhibited the higher average values in the cones and in the leaves. The effect of the treatments was more pronounced in the leaves than in the cones, the highest peaks being recorded in leaves in particular in those from the bottom of the canopy. Total phenol concentrations in cones ranged from 13.1 (+K treatment) to 19.9 mg g⁻¹ extract (control treatment) and in leaves ranged from 40.5 (control treatment) to 9.6 mg g⁻¹ extract (AA treatment).

### Correlation analysis in cone data

Correlation analysis for cone data indicates some significant (and negative) correlations coefficients for bitter acids and NO₃⁻ in relation with cone nutrient concentrations (Table 5). The α-acids seems to be significant and negatively correlated with N, Mn and Ca and β-acids with Ca, Cu, N and Mg. For NO₃⁻, correlations were significant and negative with K and Zn.
Discussion

The application of amino acids produced similar dry matter yield, including in the cones, as the control (the conventional fertilization plan). The result seems to mean that the fertilization programme of the farmer can undergo significant changes without affecting crop yield. In this experiment, amino acids were applied instead of the second side dress N application (~70 kg N ha\(^{-1}\)). Amino acids are a source of N in a reduced form, with less biosynthetic cost in relation to mineral N (Lambers, Chapin, and Pons 2008), which can help to explain the result. Late application of K (+K treatment) did not increase dry matter yield or cone size. Despite the high K requirements of hops (Gingrich, Hart, and Christensen 1994), data on the effects of foliar K fertilizers in hops has not been reported. In agreement with our findings, Valentinuzzi et al. (2018) also did not find any increase in fruit yield in strawberry, after the application of a K-rich foliar spray.

Leaf and stem N levels were consistently higher in the +K treatment in comparison with the AA and control treatments. The effect of K applications on the increase in tissue N levels was often recorded in other species (Abdelwanise et al. 2017; Shehata, El-Mogy, and Mohamed 2019). The AA treatment presented tissue N concentrations quite similar to the control, indicating the effectiveness of the amino acids applied as a foliar spray in sustaining the N nutritional status of the plants at the same level of the second side dress N application of 70 kg ha\(^{-1}\). It was also found from previous studies an increase in N levels in plant tissues with the application of amino acids as foliar sprays (Abd El-Razek et al. 2018; Noroozlo, Souri, and Delshad 2019; Shehata et al. 2011).

The fertilizer treatments had little effect on tissue K levels. However, the values of the control and +K treatments were consistently higher than those of the AA treatment. The results of the present study may be related to soil N fertilization which in the control and +K treatments consisted of two side dress N applications, while in the AA treatment just one. The transport of NO\(_3^–\) from the roots to the shoots takes place via xylem along with K\(^+\) as a counter-ion (Schulze et al. 2019), which may justify the increased tissue K levels found in those treatments.

Both foliar treatments (AA and +K) increased Mg concentrations in leaves and stems in comparison to the control. Leaf and stem Fe levels were consistently higher in the AA treatment in both years, and were significantly higher in bottom leaves. Noroozlo, Souri, and Delshad (2019)
found that glutamine and glycine amino acids, sprayed at 250 and 500 mg L⁻¹, increased leaf Mg and Fe concentrations in basil (Ocimum basilicum), which is in agreement with the findings of the present study. The AA treatment association with higher Fe tissue levels could be due to the role of amino acids in nutrient transport. It is known that amino acids can chelate metals such as Fe, thereby increasing their assimilation through specific transporters (Halpern et al. 2015; Lal 2018b).

Tissue Mn concentrations were generally higher in the control and lower in the + K treatment. Leaf Mn concentrations were above the sufficiency range and Mg concentrations below, in particular in the control treatment. Although hops seem somewhat sensitive to Mn toxicity (Afonso, Arrobas, and Rodrigues 2020), applications of K may be able to alleviate the potential damage caused by excess Mn (Yu et al. 2020).

The concentration of nutrients in the cones varied less than in the other tissues, the results not being significant for most nutrients. However, the + K treatment presented slightly higher K levels in the cones in comparison to the control in both years, though differences were not statistically significant. The soil and the fertilization programme (the control treatment) seem to provide enough K to plants, as indicated by leaf K status in the control, generally being close to the upper limit of the sufficiency range (Bryson et al. 2014), which may have contributed to the lower efficacy of the + K treatment in increasing cone K levels.

Correlation analysis for cone data may help to clarify the trends of nutrient accumulation found in tissues. Results indicated NO₃⁻ strong and negatively correlated with K and Zn. The negative association with K could be the result of NO₃⁻ reduction into amino acids, since NO₃⁻ is transported together with K as an accompanying cation being released with the NO₃⁻ reduction (Schulze et al. 2019). Zn is also involved in N metabolism (Kathpalia and Bhatla 2018), which can explain the negative interaction with NO₃⁻. Therefore, higher N levels in the + K treatment may be related with a stimulated N uptake, in the presence of higher K levels, due to the increased reduction into amino acids. K and Zn followed the same trend of accumulation in cones, between treatments, corroborating a synergism between both. Some nutrients presented significant and negative correlations with α- and β-acids. N and Ca were negatively correlated with both α- and β-acids, Mn negatively correlated with α-acids, and Mg + Cu negatively correlated with β-acids. Since the hop bitter acid pathway begins with the amino acid precursor leucine (Champagne and Boutry 2017), a higher production of bitter acids will demand a higher supply of amino acids normally through NO₃⁻ reduction. Ca is required in the reduction of NO₃⁻ namely by nitrate reductase kinase (Lal 2018a). The results might indicate that higher concentrations of NO₃⁻ and Ca in the cones means lower NO₃⁻ reduction, and consequently lower bitter acid production. Regarding Mn, this nutrient competes with Mg for uptake and also for binding sites in some enzymes (Kathpalia and Bhatla 2018). The Humulus lupulus prenyltransferase-1 (HIPT-1) enzyme that is involved in the first step of bitter acid biosynthesis and the last step of β-acids production (Champagne and Boutry 2017), exclusively requires Mg as a divalent cation for its activity and cannot be replaced by other divalent cations (Tsurumaru et al. 2012). Considering the leaf concentration of Mn and Mg, respectively above and below the sufficiency ranges, perhaps Mn decreased α-acid biosynthesis through Mg inhibition. The control treatment

<table>
<thead>
<tr>
<th>N</th>
<th>P</th>
<th>K</th>
<th>Ca</th>
<th>Mg</th>
<th>Fe</th>
<th>Mn</th>
<th>Cu</th>
<th>Zn</th>
<th>B</th>
</tr>
</thead>
<tbody>
<tr>
<td>α-acid</td>
<td>-0.611**</td>
<td>-0.316</td>
<td>0.295</td>
<td>-0.478*</td>
<td>-0.380</td>
<td>0.231</td>
<td>-0.558**</td>
<td>-0.343</td>
<td>0.054</td>
</tr>
<tr>
<td>β-acid</td>
<td>-0.462*</td>
<td>-0.403</td>
<td>-0.223</td>
<td>-0.580**</td>
<td>-0.456*</td>
<td>0.076</td>
<td>-0.251</td>
<td>-0.463*</td>
<td>-0.129</td>
</tr>
<tr>
<td>NO₃⁻</td>
<td>0.191</td>
<td>-0.221</td>
<td>-0.445*</td>
<td>0.124</td>
<td>-0.047</td>
<td>-0.317</td>
<td>-0.004</td>
<td>-0.275</td>
<td>-0.414*</td>
</tr>
</tbody>
</table>

Significant correlations according to selected significance levels:
* p = 0.05,
** p = 0.01.
presented higher levels of Mn and also the lower rates of bitter acids, which seems to be in accordance. Mg negative correlation with \( \beta \)-acids may be related with the plant priorities in cone compound production since Mg is required in many metabolic functions (Lal 2018a; Schulze et al. 2019). The increasing Cu concentration in hop cones associated with decreasing concentration of bitter acids might indicate a response to a stressful condition such as a disease. Cu acts in plant protection against pathogens (Kathpalia and Bhatla 2018) and hop diseases can significantly reduce bitter acid content in cones (Jelíněk et al. 2012).

SPAD readings, NDVI and chlorophyll fluorescence transients did not reveal clear differences between treatments. Only in August 2019, was the NDVI from the +K treatment significantly higher than that of the AA and control treatments. On the same date, the origin (O) fluorescence transient was significantly higher in the AA than in the control treatment. K is an important activator of enzymes associated with photosynthesis (Kathpalia and Bhatla 2018) which might suggest that foliar K sprays (+K treatment) could have a positive effect on parameters related to the photosynthetic process.

Bitter acids are the most important parameters in hop cone quality for brewing purposes, particularly \( \alpha \)-acids (Almaguer et al. 2014), and they seem to increase consistently with the application of amino acids as a foliar spray. Significant differences were found for \( \alpha \)-acids in 2018 (AA treatment higher than control) and for \( \beta \)-acids in 2018 (AA treatment higher than control) and 2019 (AA treatment higher than +K and control treatments). Branched-chain amino acid derived compounds are building blocks for the biosynthesis of hop bitter acids, which are produced in large amounts in the lupulin glands of hop cones (Clark et al. 2013), which can explain the positive effect of the AA treatment on the increase of \( \alpha \)- and \( \beta \)-acids.

The application of amino acids and K as foliar sprays seems to reduce the concentration of total phenols. Jelíněk et al. (2012) found a significant increase in total phenols in hop plants as a response of a stressful situation caused by a virus infection. Perhaps less stressed plants, in better nutritional conditions, displayed a reduced concentration in total phenols. On the other hand, results suggest that hop leaves can also be a useful source of polyphenols since the higher values of total phenols were observed in leaves (40.5 mg g\(^{-1}\) extract). However, Abram et al. (2015) and Ceh et al. (2007) found opposite results, with higher levels of phenols to be found in cones. Probably this is the result of the cultivars used in the different studies.

**Conclusions**

The amino acid-enriched foliar spray seems to be a competitive alternative to the second side dress N application carried out by the farmer. The plant biomass production was not affected, and nor was the N concentration in plant tissues and nitrate concentration in hop cones. Furthermore, the results show a consistent increase of cone bitter acids with the applications of amino acids as a foliar spray, which seems to be relevant to improve crop yield, while reducing the risk of environmental contamination. On the other hand, foliar K supplementation at cone developing stage did not display a positive result. The yield and quality of hop cones, particularly the size of the cones and the concentration of bitter acids, were not significantly improved by K fertilization in comparison to the control or AA treatments. However, the application of the K-rich foliar spray seemed to increase N uptake by the roots, with leaves and stems being the predominant allocation tissues. The results also emphasize the importance of amino acids in the biosynthesis of bitter acids in which K and Zn also seem to play an important role, perhaps because both are involved in N metabolism and in its reduction into amino acids.

**Conflict of interest**

The authors declare that they have no conflict of interest.
Funding

The authors are grateful to the Foundation for Science and Technology (FCT, Portugal) for financial support by national funds FCT/MCTES to CIMO (UID/AGR/00690/2020) and Sandra Afonso doctoral scholarships (BD/116593/2016).

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