



# Soy Protein Isolate Films Incorporated with Pinhão (*Araucaria angustifolia* (Bertol.) Kuntze) Extract for Potential Use as Edible Oil Active Packaging

Karen Cristine de Souza<sup>1</sup> · Luana Gabrielle Correa<sup>2</sup> · Tamires Barlati Vieira da Silva<sup>3</sup> ·  
Thaysa Fernandes Moya Moreira<sup>3</sup> · Anielle de Oliveira<sup>3</sup> · Lyssa Setsuko Sakanaka<sup>1</sup> · Maria Inês Dias<sup>4</sup> · Lillian Barros<sup>4</sup> ·  
Isabel C.F.R. Ferreira<sup>4</sup> · Patrícia Valderrama<sup>3</sup> · Fernanda Vitória Leimann<sup>3</sup> · Marianne Ayumi Shirai<sup>1</sup>

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## Abstract

One of the traditional residues obtained from *pinhão* seeds (*Araucaria angustifolia* (Bertol.) Kuntze) consists of an aqueous extract produced from the cooking process, which presents a significant concentration of phenolic compounds with antioxidant properties. In this work, soy protein isolate (SPI) films with different concentrations of *pinhão* cooking water extract (EP, 0.5, 1, and 2% wt/wt) were produced and physical properties, microstructure, and antioxidant capacity were investigated. The films were applied as packaging (as sachet-type) for linseed oil, and the oil oxidative stability was evaluated during 10 days under accelerated storage condition (60 °C) by conventional procedures (peroxide index, specific extinction coefficient, and UV-Vis spectrophotometry) and by multivariate curve resolution with alternating least squares (MCR-ALS) chemometric method. The film with EP contributed to the oxidative stability of linseed oil being an interesting alternative of active biodegradable packaging for edible oils.

**Keywords** *Pinhão* seed coats · Biopolymers · Active packaging · Antioxidant capacity · Lipid oxidation · Chemometrics

## Introduction

Protein-based films have aroused great interest in the production of packages because they have good oxygen barrier property, resistance to oils, and biodegradability (Insaward et al. 2015). Among the plant origin proteins, soy protein isolate (SPI), a by-product of oil processing industry, is an interesting raw material because of its abundance and high protein content (> 90%) (Cao et al. 2007). SPI is a mixture of proteins which contain approximately 90% globulins, and the major fractions are 7S ( $\beta$ -conglycinin) and 11S (glycine) (Kumar et al. 2010). Heat and pH assist in the formation of the SPI-based film due to the denaturation of the protein structure, cleaving native disulfide bonds and exposing sulfhydryl groups and hydrophobic groups, and thus, new bonds between the protein chains are formed during drying of the film (Perez-Gago et al. 1999).

Due to its properties, SPI films can be a promising matrix for the incorporation of bioactive compounds in order to obtain active packaging with antioxidant and antimicrobial properties. The incorporation of natural antioxidants extracted from different parts of plants into packaging materials is

✉ Isabel C.F.R. Ferreira  
iferreira@ipb.pt

✉ Fernanda Vitória Leimann  
fernandaleimann@utfpr.edu.br

✉ Marianne Ayumi Shirai  
marianneshirai@utfpr.edu.br

<sup>1</sup> Programa de Pós-Graduação em Tecnologia de Alimentos (PPGTAL), Universidade Tecnológica Federal do Paraná, Campus Londrina, Avenida dos Pioneiros, 3131, Londrina, Paraná 86036-370, Brazil

<sup>2</sup> Departamento Acadêmico de Alimentos (DAALM), Universidade Tecnológica Federal do Paraná, Campus Londrina, Avenida dos Pioneiros, 3131, Londrina, Paraná 86036-370, Brazil

<sup>3</sup> Programa de Pós-Graduação em Tecnologia de Alimentos (PPGTA), Universidade Tecnológica Federal do Paraná, Campus Campo Mourão, via Rosalina Maria Dos Santos, 1233, Caixa Postal: 271, Campo Mourão, Paraná 87301-899, Brazil

<sup>4</sup> Centro de Investigação de Montanha (CIMO), Instituto Politécnico de Bragança, Campus de Santa Apolónia, 5300-253 Bragança, Portugal

interesting because oxidation is one of the major problems that affect food quality (Siripatrawan and Noipha 2012). In addition, the food industry has been looking to minimize the use of synthetic antioxidants (butyl hydroxyanisole (BHA), butyl hydroxytoluene (BHT), tertiary butylhydroxyquinone (TBHQ), trihydroxybutylphenone (THBP), and propyl gallate (PG)), since toxicological studies have demonstrated the possibility of these antioxidants presenting some toxic effect (Neltner et al. 2013).

Different natural antioxidants have been extracted and incorporated into the SPI film formulation, such as rutin, epicatechin (Friesen et al. 2015), pink grape extract (Ciannamea et al. 2016), mango seed extract (Maryam Adilah et al. 2018), chestnut extract (Wang et al. 2016), and licorice residue extract (Han et al. 2018). Studies have shown that the *pinhão* coat extract (*Araucaria angustifolia* (Bertol.) Kuntze) has a considerable concentration of phenolic compounds that have antioxidant capacity (De Freitas et al. 2018; Santos et al. 2018), being an interesting compound to be added in the formulation of SPI films. *Pinhão* is the seed from *Araucaria angustifolia* (Bertol.) Kuntze, a conifer that develops in southern Brazil, Argentina, and Paraguay in native forests that today represent about 1% of the original area (Cordenunsi et al. 2004). Culturally, their seeds are eaten boiled and peeled, and their coats, as well as cooking water which are sources of antioxidants, are largely discarded as residue.

However, possible interactions that may arise among the various components of film formulation during its formation would affect the potential release or retention of active ingredients, thus affecting their final activity (Echeverría et al. 2016). According to Salgado et al. (2015), even the determination of a certain activity by an in vitro technique does not ensure that the container can gain the ability to protect the food during storage. Thus, it is important to evaluate its action in a situation closer to reality, such as an edible oil packaging application. In this sense, Carpiné et al. (2015) evaluated the applicability of SPI emulsion-based films for olive oil. However, the main objective of their work was to evaluate the effect of virgin coconut oil and soy lecithin incorporation to the films on the water vapor barrier properties. Colín-Chávez et al. (2014) studied the effect of coextruded two-layer high-density polyethylene (HDPE) active packaging containing marigold flower (*Tagetes erecta*) extract and titanium dioxide in the oxidative stability of the soybean oil. Although the packaging has improved the soybean oil stability, the polymer used is not biodegradable.

An interesting edible oil that can be applied to evaluate film active properties is the flaxseed oil. It is an excellent source of  $\omega$ -3 polyunsaturated fatty acid and contains more than 50%  $\alpha$ -linolenic acid (Bozan and Temelli 2008). However, the polyunsaturated fatty acids present in linseed oil are easily oxidized and can form active free radicals in the presence of

heat, light, oxygen reactive species, metals, etc., which become hydroperoxides and secondary oxidation products such as aldehydes, ketones, and other high molecular weight polymers (Choe and Min 2006). The presence of such oxidation products may alter the physico-chemical properties of the oils and reduce their shelf life, nutritional value, texture, appearance, and flavor, and therefore, the oxidative stability of linseed oil must be improved for processing, handling, and storage (Mohanani et al. 2018). Thus, SPI films enriched with *pinhão* coat extract can be used in the production of antioxidant packages to aid in the conservation of linseed oil.

The aim of this work was to chemically characterize *pinhão* coat extract, perform its incorporation during SPI film production, and evaluate the physical, morphological, and total phenolic compound content and antioxidant capacity of the obtained materials. Also, films were applied as sachet-type packaging for linseed oil, and the shelf life was evaluated by conventional methods (peroxide index analysis and specific extinction coefficient), as well as by the multivariate curve resolution with alternating least squares (MCR-ALS) chemometric method.

## Material and Methods

### Material

To produce the films, soy protein isolate (> 90% protein, Bremil, Brazil) and glycerol (Synth, Brazil) were used. The *pinhão* seeds were acquired from the local market in Campo Mourão, Paraná, Brazil, in May 2017. For the analyses of total phenolic compounds, Folin-Ciocalteu reagent, gallic acid, and sodium carbonate were used. For the antioxidant activity, assay DPPH (2,2-diphenyl-1-picrylhydrazyl), Trolox (6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic acid), ABTS (2,2'-azinobis[3-ethylbenzothiazoline-6-sulfonic acid] diammonium salt), potassium persulfate (dipotassium peroxydisulfate), and TPTZ (2,4,6-Tris(2-pyridyl)-s-triazine) were used and purchased from Sigma-Aldrich.

### *Pinhão* Coat Extract Production

The *pinhão* coat extract (EP) was obtained according to the procedure described by De Freitas et al. (2018). The *pinhão* seeds were washed with water and cooked in water for 2 h (500 g of seeds/L water). The cooking water was frozen (− 90 °C) and lyophilized (Liotop L101, Liobrás, Brazil) obtaining the dry extract of the cooking water of the *pinhão* (EP).

## Phenolic Profile of Pinhão Coat Extract

The phenolic profile of EP (10 mg/mL in water) was determined by HPLC-DAD-ESI/MSn (Dionex Ultimate 3000 UPLC, Thermo Scientific, San Jose, CA, USA). The compounds were separated and identified as previously described (Bessada et al. 2016). Detection was performed using a DAD (280, 330, and 370 nm as preferred wavelengths) and a mass spectrometer (MS detection was performed in negative mode, using a Linear Ion Trap LTQ XL, Thermo Finnigan, San Jose, CA, USA). The following calibration curves were used for quantification: (+)-catechin ( $y = 84,950x - 23,200$ ,  $R^2 = 1$ ); chlorogenic acid ( $y = 168,823x - 161,172$ ,  $R^2 = 0.9999$ ); (–)-epicatechin ( $y = 10,314x + 147,331$ ,  $R^2 = 0.9994$ ); ferulic acid ( $y = 633,126x - 185,462$ ,  $R^2 = 0.9990$ ); naringenin ( $y = 18,433x + 78,903$ ,  $R^2 = 0.9998$ ); and protocatechuic acid ( $y = 214,168x + 27,102$ ,  $R^2 = 0.9999$ ). Results were expressed as milligrams per gram of extract.

## Production of SPI Films with Pinhão Coat Extract

The SPI films were prepared by the casting method according Paglione et al. (2019). The formulations consisted of 7.56% (wt/wt) of SPI in relation to the film-forming solution and 25% (wt/wt) of glycerol in relation to SPI. Firstly, SPI was solubilized in distilled water at 25 °C; subsequently, solution's pH was adjusted to 10.5 (1 M, NaOH) and kept under stirring for 30 min. The film-forming solution was heated to 70 °C during 20 min and finally cooled to room temperature. The lyophilized EP was added to the film-forming solution (0.5, 1, or 2% in relation to film-forming solution, wt/wt) and homogenized using Ultraturrax (IKA, T18 model, USA) at 10,000 rpm for 3 min. The concentration of the EP added in the film was obtained from our preliminary studies (unpublished) for good film. All the film-forming solutions were poured into acrylic plates and dried at 25 °C and 45% RH for 24 h in an incubator. After that, the films were peeled and stored in a desiccator at 25 °C and 53% RH for 48 h before the characterizations were performed. The samples were coded as C (control), EP0.5, EP1, and EP2, according on the amount of extract added.

## Film Characterization

### Mechanical Properties and Water Vapor Permeability

The tensile test was performed using a texturometer (Stable Micro Systems, TA-TX2 model, England) and the properties obtained were maximum tensile strength (MPa), elongation at break (%), and modulus of elasticity or Young's modulus (MPa) according to the methods and standards of the American Society for Testing and Material (ASTM D882-12, 2012). The films (100 mm × 10 mm) were fixed to the

grips of the equipment with initial distance of 30 mm and crosshead speed of 0.8 mm/s. For each formulation, 10 samples were analyzed. The water vapor permeability was determined using the gravimetric method, according to the American Society for Testing and Material (ASTM E96-E96M, 2012), using circular opening aluminum cell with a 60-mm internal diameter under a relative humidity gradient of 0–75%. The assay was performed in triplicate.

## Color

The color of the films was measured with a colorimeter (Konica Minolta, CR-400 model, Japan) using D65 illuminant. The samples were placed in direct contact with the sensor to measure the color parameters  $L^*$  luminosity (black/white),  $a^*$  (green/red), and  $b^*$  (blue/yellow). Ten random measurements were done for each formulation in aleatory points from the material surface. The color difference ( $\Delta E$ ) was calculated in relation to the control formulation with Eq. 1, where  $\Delta L^*$ ,  $\Delta a^*$ , and  $\Delta b^*$  are the differences between the film containing the EP and the control film:

$$\Delta E = \sqrt{(\Delta L^*)^2 + (\Delta a^*)^2 + (\Delta b^*)^2} \quad (1)$$

## Scanning Electron Microscopy

The morphology of the films was evaluated by scanning electron microscopy. The samples were previously dried for 14 days in a desiccator containing silica gel and, later, fractured in liquid nitrogen and fixed on stubs with carbon tape. Then samples were covered with gold in a sputter coater (BAL-TEC, SCD-050, Balzers, Liechtenstein) and analyzed in relation to the surface and fragile fracture in a scanning electron microscope (Philips, FEI Quanta 200, Japan) at 20 kV. The magnifications applied to the fragile fracture and surface areas were × 800 and × 400, respectively.

## Infrared Spectroscopy with Fourier Transform

The chemical interactions between the films and the *pinhão* coat extract were characterized by Fourier transform infrared spectroscopy attenuated total reflectance. The spectra were obtained in a Fourier transform infrared spectroscopy (FTIR) (IRAffinity, Shimadzu, Japan) spectrometer equipped with an attenuated total reflectance accessory (ZnSe crystal, Pike ATR-HATR flat plate). The samples were evaluated in the range of 700–4000  $\text{cm}^{-1}$ , using 32 accumulated scans and 2  $\text{cm}^{-1}$  of resolution. To extract the antioxidant compounds from the films, 10 mL of distilled water was added to 0.5 g of film and homogenized for 1 h at room temperature using a tube shaker (Phoenix, Brazil). Subsequently, the mixture was

centrifuged, and the supernatant was used to determine the total phenolic compounds (Folin-Ciocalteu method) and antioxidant activity by DPPH, ABTS, and FRAP methods. The extraction was performed in triplicate.

### Total Phenolic Content and Antioxidant Capacity

The content of total phenolic compounds was determined by the Folin-Ciocalteu method (Singleton and Rossi 1965). In test tubes, 200  $\mu$ L of the aqueous fraction extracted from the film and 1000  $\mu$ L of the Folin-Ciocalteu reagent (10%, v/v) were mixed. Then 800  $\mu$ L of the sodium carbonate solution (7.5%, wt/v) was added and the tubes were kept in the dark for 2 h for reaction. A white sample was prepared by replacing the extract with distilled water. The absorbance was measured at 765 nm using a UV-Vis spectrophotometer (Biochrom, Libra model, Cambridge, England). A standard curve was previously prepared using different concentrations of gallic acid ( $y = 10.301x - 0.0498$ ;  $R^2 = 0.999$ ). The content of total phenolic compounds was expressed in mg equivalent gallic acid/g film.

The antioxidant capacity of the films was evaluated with the iron reduction method (FRAP) and also by the capture of the free radicals DPPH and ABTS. For the FRAP assay (Benzie and Strain 1996), an aliquot of 100  $\mu$ L of the extract, 300  $\mu$ L of distilled water, and 3.0 mL of the FRAP reagent (10 mM TPTZ in 40 mM HCl, plus 20 mM ferric chloride and 300 mM acetate buffer, pH 3.6, 1:1:10, v/v v) were added to a test tube. The tubes were shaken and kept in a water bath at 37 °C for 30 min for reaction. The absorbance reading (595 nm) was performed in a spectrophotometer (Biochrom, Libra model, Cambridge, England) and the FRAP reagent was used as a blank to calibrate the equipment. A standard Trolox curve ( $y = 0.0012x + 0.1285$ ;  $R^2 = 0.999$ ) was previously constructed and the results were expressed  $\mu$ mol Trolox/g film.

The determination of antioxidant capacity by DPPH free radical capture was done according to the method described by Mensor et al. (2001). In a test tube, an aliquot of 0.1 mL of the extract was mixed with 3.9 mL of 0.06 mM DPPH solution. After 40 min of reaction, the absorbance was determined in a spectrophotometer at 515 nm. The results were calculated using a standard Trolox curve ( $y = -0.0006x + 0.687$ ;  $R^2 = 0.9987$ ) and expressed in  $\mu$ M of Trolox equivalent per g of film.

In the determination of the antioxidant capacity by the ABTS method (Thaipong et al. 2006), a stock solution of 7 mM ABTS and 140 mM potassium persulfate were initially prepared. To prepare the ABTS (ABTS<sup>•+</sup>) radical, 5 mL of the stock solution of ABTS was mixed with 88  $\mu$ L of the potassium persulfate solution and kept in the dark at room temperature for 16 h. Then, 1 mL of this mixture was diluted with ethanol until it reached an absorbance of  $0.70 \pm 0.05$  at 734 nm. In the test tubes, an aliquot of 30  $\mu$ L of the film

extract was mixed with 3.0 mL of the ABTS<sup>•+</sup> and the absorbance (734 nm) reading was performed after 6 min of reaction. The results were calculated using a standard Trolox curve ( $y = -0.0003x + 0.6917$ ;  $R^2 = 0.998$ ) and expressed in  $\mu$ M Trolox equivalent per g of film.

### Production of Sachet-Type Packaging for Linseed Oil and Evaluation of Oxidative Stability

The films with the highest antioxidant capacity were used to make sachet-type packaging for the storage of linseed oil. The films were cut to size  $3 \times 7$  cm and sealed. Then 5 mL of flaxseed oil was introduced and the opening sealed. The sachets containing oil were stored in an oven at 60 °C, according to the Schaal oven test, for 10 days (Michotte et al. 2011). The oxidative stability of the oil was monitored by determination of the peroxide index, the specific extinction coefficient, and by monitoring the ultraviolet and visible (UV-Vis) spectroscopic region.

The peroxide index was determined by iodometric titration using 0.1 M sodium thiosulphate and starch solution as indicator (Instituto Adolfo Lutz 2008). The determination of the dienes and trienes formed during the oxidation of the oil was evaluated by UV-Vis spectroscopy (Biochrom, Libra model, Cambridge, England), in which the specific extinction coefficient  $K_{232}$ ,  $K_{270}$ , and  $\Delta K$  were obtained (Instituto Adolfo Lutz 2008). An amount of 0.25 g of the sample was weighed into a 25-mL volumetric flask, dissolved and completed with cyclohexane (solution A). An aliquot of 5 mL from this solution was transferred and diluted to 25 mL of the cyclohexane in volumetric flask (solution B). The absorbance of solution A was measured in a spectrophotometer at 266, 270, and 274 nm. By proceeding in the same manner, the absorbance of solution B was measured at 232 nm. The specific extinction coefficient was calculated with Eqs. 2, 3, and 4.

$$K_{232} = \frac{A_{232}}{c \times l} \quad (2)$$

$$K_{270} = \frac{A_{270}}{c \times l} \quad (3)$$

$$\Delta K = K_{270} \frac{A_{266} + A_{274}}{2} \quad (4)$$

where  $A_{232}$ ,  $A_{266}$ ,  $A_{270}$ , and  $A_{274}$  are the absorbance values obtained at wavelengths 232, 266, 270, and 270 nm,  $c$  is the concentration of oil in the solution (g/100 mL), and  $l$  is the optical path of the quartz cuvette (1 cm).

The UV-Vis spectra of the linseed oil in the beginning of the storage time and after 3, 7, and 10 days (for control and for extract EP2) were collected from 200 to 1100 nm and analyzed by multivariate curve resolution with alternating least squares (MCR-ALS) according to Gonçalves et al. (2014) by using MATLAB R2007b software.



## Statistical Analysis

The results of the film characterization were evaluated by the analysis of variance (ANOVA), and the means of the treatments were compared by Tukey's test at the 5% significance level ( $p < 0.05$ ) using Statistica software, version 10 (Statsoft, Tulsa, OK, USA).

Data from conventional analyses of linseed oil (peroxide index,  $K_{232}$ ,  $K_{270}$ , and  $\Delta K$ ) were evaluated by principal component analysis (PCA) by using MATLAB R2007b software.

## Results and Discussion

### Phenolic Composition of the *Pinhão* Coat Extract

The peak characteristics (retention time,  $\lambda_{\max}$  in the visible region, mass spectral data) determined by HPLC-DAD-ESI/MS and tentative identification of the phenolic compounds present in the EP are shown in Table 1.

Eight phenolic compounds were identified, comprising three phenolic acids (protocatechuic acid, ferulic acid hexoside, and 3,5-*O*-dicaffeoylquinic acid); four flavonoid glycoside derivatives, of which three flavan-3-ols ((+)-catechin and (–)-epicatechin and B-type (epi)-catechin dimer) and one flavanone (eriodictyol-*O*-hexoside); and one organic acid (quinic acid). The total phenolic compound concentration in the EP was 6.42 mg/g extract, and the major compounds found were protocatechuic acid followed by catechin and B-type (epi)catechin dimer, showing that about 42% of the identified compounds were flavonoids. These results indicate that EP can be a good source of antioxidants for food packaging application. All the identified phenolic compounds were previously described by De Freitas et al. (2018) in the *pinhão* coat and cooking water extracts and by Santos et al. (2018) in the *pinhão* coat extract.

## Film Visual and Microstructural Properties

The average thickness of the SPI films added with the *pinhão* coat extract was  $150 \pm 37$   $\mu\text{m}$ , and presented good integrity, with good handling, were easily removed from the acrylic plate and there was no apparent migration of plasticizer (glycerol).

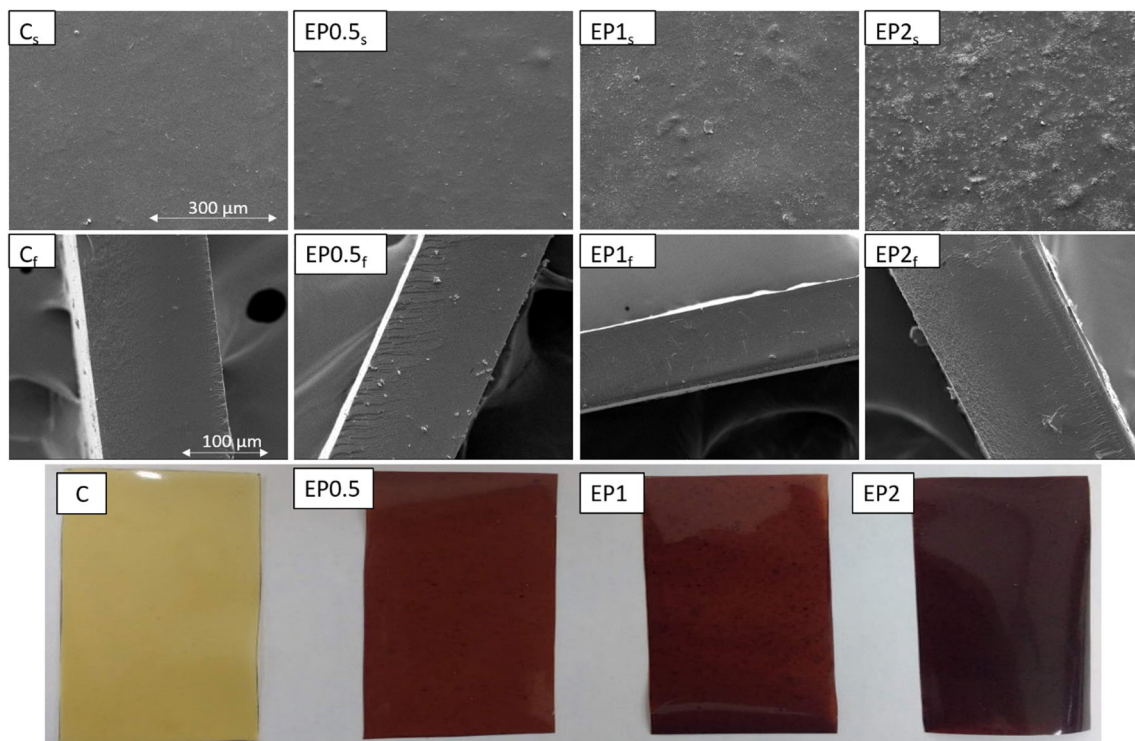
The strong brown coloration of the EP significantly affected ( $p < 0.05$ ) the color of the films (Fig. 1, Table 2). Compared to other protein-based films, the color of pure SPI film tends to be yellowish (Han et al. 2018; Wang et al. 2016). As the concentration of EP increased, the values of  $L^*$  and  $b^*$  decreased and the values of  $a^*$  increased. This, consequently, caused the  $\Delta E$  values to increase as the concentration of EP varied. Similar color variation trends were observed in SPI films added with chestnut coat extract (*Castanea molissima*) (Wang et al. 2016) and starch films added with lignocellulosic fibers obtained by dry grinding of *pinhão* coat (Spada et al. 2018).

The incorporation of EP did not interfere in the water vapor permeability (WVP) of the SPI films, as can be observed in Table 2, possibly due to the formation of a stable network by hydrogen bonding interactions between phenolic compounds of EP and SPI functional groups (Han et al. 2018). The values of WVP were close to those found by other authors involving SPI film (Carpiné et al. 2015; Echeverría et al. 2016). With respect to the mechanical property results, it was possible to note that Young's modulus was not significantly affected ( $p > 0.05$ ) by the addition of the EP (Table 2). However, the addition of the EP increased significantly ( $p < 0.05$ ) both the tensile strength and the elongation at break, only when the lowest concentration of the extract was evaluated (EP0.5). De Freitas et al. (2018) also observed an increase in both tensile strength and elongation at break for zein films added from the *pinhão* cooking water extract. The authors concluded that the binding of phenolic compounds to zein proteins led to

**Table 1** Chromatographic characterization and quantification (mg/g of extract) of the phenolic compounds tentatively identified in *pinhão* coat extract

Peak	Rt (min)	$\lambda_{\max}$ (nm)	Molecular ion [M-H] <sup>–</sup> (m/z)	MS <sup>2</sup> (m/z)	Tentative identification	Quantification (mg/g extract)
1	4.19	274	191	173 (42), 111 (100)	Quinic acid	$0.51 \pm 0.02$
2	5.44	260,294	153	109 (100)	Protocatechuic acid	$1.56 \pm 0.01$
3	6.39	320	355	193 (100)	Ferulic acid hexoside	$0.33 \pm 0.01$
4	7.04	280	289	245 (100), 203 (11), 187 (29), 161 (14), 137 (3)	(+)-Catechin	$1.46 \pm 0.01$
5	7.56	280	577	451 (33), 425 (100), 289 (10), 287 (3)	B-type (epi)catechin dimer	$1.23 \pm 0.05$
6	9.66	279	289	245 (100), 203 (18), 187 (24), 161 (21), 137 (3)	(–)-Epicatechin	$0.89 \pm 0.03$
7	16.19	281,324sh	449	287 (100)	Eriodictyol- <i>O</i> -hexoside	Tr
8	20.48	330	515	353 (23), 191 (100), 179 (51), 173 (5), 135 (4)	3,5- <i>O</i> -Dicaffeoylquinic acid	$0.44 \pm 0.01$
Total phenolic compounds						$6.42 \pm 0.01$

Tr traces (compounds below LOD amounts)



**Fig. 1** SEM images of the SPI films added with pinhão coat extract (subindex “s” means surface images  $\times 400$  magnification and “f” means fragile fracture images  $\times 800$  magnification). Images of the produced

films: control (C), with 0.5% wt/wt of pinhão coat extract (EP0.5), 1% wt/wt of pinhão coat extract (EP1), and 2% wt/wt of pinhão coat extract (EP2)

a decrease in the hydrophobic interactions among zein molecules. This may occur due to the action of the hydrophilic groups of the phenolic compounds that contribute to an increase in polymeric chain mobility, eliminating film brittleness. In the SPI films produced in this work, probably in the lowest concentration of EP, the phenolic compounds may be acted as crosslinking agent, improving the intramolecular interaction between SPI protein chains and reinforcing film structure that resulted in enhancement of the

tensile strength. With the increase of EP concentration in the formulation, there was no significant difference in mechanical properties observed because the excessive concentration may impair the molecular interaction. The same behavior was also described by Wang et al. (2016) in the SPI films incorporated of chestnut bur extract.

The microstructural morphology of the films was evaluated by scanning electron microscopy (SEM) and the surface and fragile fracture images are presented in Fig. 1. In general, the

**Table 2** Color measurement, mechanical properties, and water vapor permeability of the control films, with 0.5% of *pinhão* coat extract (EP 0.5), 1% of *pinhão* coat extract (EP 1), and 2% of *pinhão* coat extract (EP 2)

Color				
Sample	$L^*$	$a^*$	$b^*$	$\Delta E$
Control	$57.33 \pm 2.85^a$	$0.59 \pm 0.19^c$	$17.54 \pm 1.63^a$	—
EP0.5	$37.08 \pm 3.66^b$	$17.93 \pm 1.25^a$	$17.37 \pm 3.03^a$	$26.98 \pm 2.18^c$
EP1	$31.69 \pm 3.37^c$	$18.35 \pm 2.92^a$	$12.95 \pm 4.33^b$	$32.01 \pm 1.91^b$
EP2	$26.52 \pm 1.30^d$	$13.49 \pm 2.56^b$	$6.26 \pm 1.71^c$	$35.38 \pm 0.73^a$
Mechanical properties and water vapor permeability				
Sample	Tensile strength (MPa)	Elongation at break (%)	Young's modulus (MPa)	WVP $\times 10^{10}$ (g/m.s.Pa)
Control	$5.7 \pm 0.5^{a,b}$	$148.9 \pm 22.3^{a,b}$	$131.5 \pm 14.2^a$	$1.48 \pm 0.27^a$
EP0.5	$6.4 \pm 0.9^a$	$171.6 \pm 12.1^a$	$141.8 \pm 18.9^a$	$1.60 \pm 0.35^a$
EP1	$5.7 \pm 0.6^{a,b}$	$136.6 \pm 25.4^b$	$137.3 \pm 18.7^a$	$1.51 \pm 0.17^a$
EP2	$5.3 \pm 0.4^b$	$137.4 \pm 18.7^b$	$125.3 \pm 14.8^a$	$1.48 \pm 0.14^a$

Means followed by different superscript letters in the same column show significant difference ( $p < 0.05$ ) according to Tukey's test

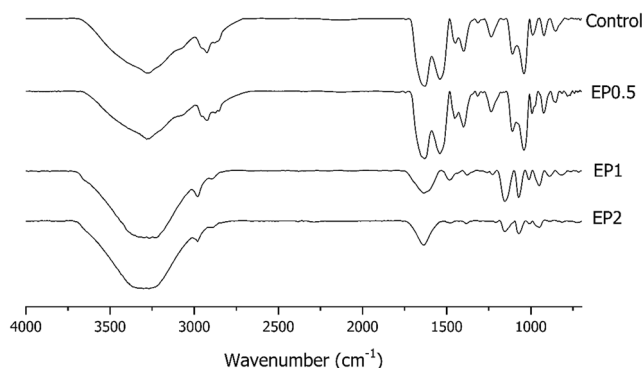
WVP water vapor permeability

films presented a smooth, homogeneous, and compact fracture, independent of the EP concentration, suggesting a good interaction between the SPI and the EP. These results corroborate with those of mechanical properties and WVP, in which no changes were observed in them due to the addition of EP. However, as the EP concentration increased in the formulation, the surface of the films tended to become more rough. This result may be associated with the behavior of the mechanical properties. The presence of the protruding points that cause the rough surface appearance of the films due to the excess of extract may have led to the formation of fragile spots in the polymer structure, which compromised the mechanical properties such as tensile strength and elongation at break.

### Films' FTIR-ATR and Thermal Properties

FTIR-ATR was used to evaluate possible interactions between SPI, glycerol, and EP (Fig. 2). The spectra of the control and EP 0.5 films showed similar behavior with elongation bands of OH and N–H flexion at  $3270\text{ cm}^{-1}$ , C=O stretching at  $1627\text{ cm}^{-1}$  (amide I), protein N–H bending, and C–N stretching at  $1530\text{ cm}^{-1}$  (amide II), C–N and N–H vibration at  $1232\text{ cm}^{-1}$  (amide III), and C–H stretching band at  $2929\text{ cm}^{-1}$  (Carpiné et al. 2015; Han et al. 2018). The bands located between the  $800$  and  $1150\text{ cm}^{-1}$  region are related to C–C bonds ( $850$ ,  $925$ , and  $995\text{ cm}^{-1}$ ) and C–O (at  $1045\text{ cm}^{-1}$  corresponds to the C–O bond at C1 and C3 and at  $1117\text{ cm}^{-1}$  is the C–O bond in C2) of glycerol (Guerrero et al. 2010).

With the increase of EP concentration, it was verified that in the EP1 and EP2 spectra, there was a band enlargement at  $3270\text{ cm}^{-1}$  that may be associated with O–H vibrations of phenolic compounds present in the EP (Han et al. 2018). Some characteristic bands of SPI, such as amides I, II, and III, and glycerol became less intense and this modification can be attributed to the overlapping of functional group bands from both protein and EP. The C–H stretching band ( $2929\text{ cm}^{-1}$ ) was shifted to  $2980\text{ cm}^{-1}$ . This behavior must be related to the interaction between the film and EP. In



**Fig. 2** FTIR-ATR spectra of the SPI films added with pinhão coat extract: control (C), with 0.5% wt/wt of pinhão coat extract (EP0.5),

addition, the reduction in the intensity of the characteristic bands of glycerol and a slight displacement of the bands at  $1045$  and  $1117\text{ cm}^{-1}$  suggest interaction between glycerol and EP.

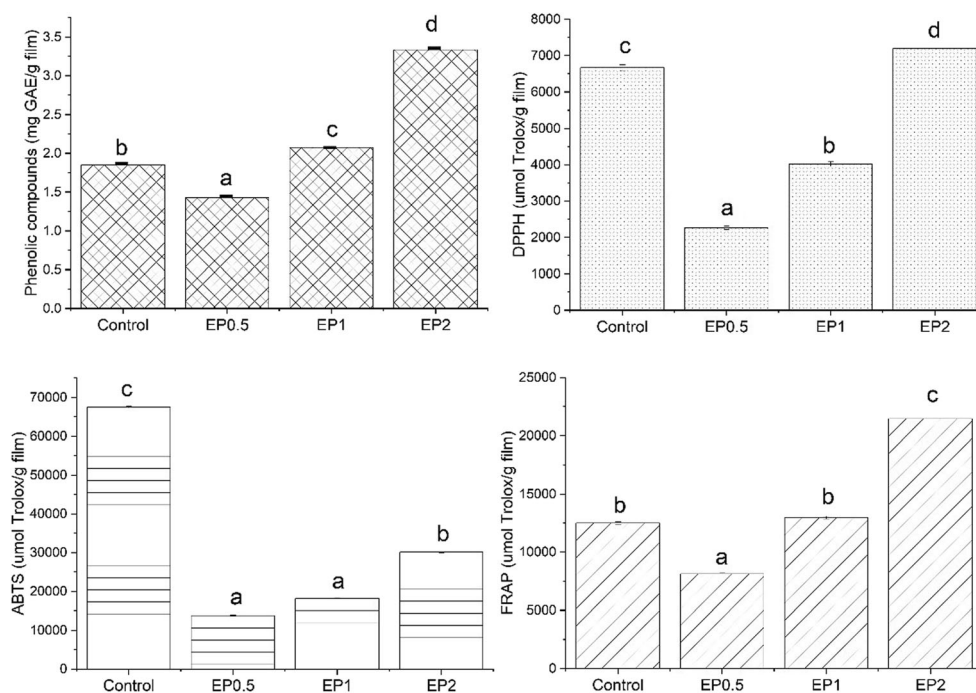
### Films' Phenolic Compound Content and Antioxidant Capacity

As it can be observed in Fig. 3, for the antioxidant capacity assays tested by DPPH and FRAP, the same trend was obtained for all the samples: Control > EP2 > EP1 > EP0.5 ( $\mu\text{mol-Trolox equivalent/g film}$ ). The significant antioxidant capacity of the control film may be related to the antioxidant action of amino acids with the phenolic side chains such as phenylalanine, tyrosine, and tryptophan, and phenolic compounds such as isoflavones and chlorogenic, caffeic, and ferulic acids present in SPI (Amigo-Benavent et al. 2008). In addition, with protein structure denaturation during film production, there was cleavage of native disulfide bonds and also exposure of sulfhydryl groups and hydrophobic groups, allowing them to react with the ABTS and DPPH radicals and to reduce the TPTZ complex, and, finally, the peptide fractions of the SPI also have antioxidant capacity (Perez-Gago et al. 1999; Wang et al. 2016).

In contrast, the addition of *pinhão* coat extract in the lowest proportion (EP0.5) significantly reduced ( $p < 0.05$ ) the values of all the antioxidant capacities evaluated when compared to the control film. This result is indicative of the interaction between the groups related to the antioxidant capacity of the SPI and the compounds of the *pinhão* coat extract, as evidenced by the FTIR-ATR spectra. It must be highlighted that there was a significant reduction in phenolic compound concentration from the control sample to EP0.5 sample, another evidence of SPI/EP interactions. Thus, there was reduction on the availability of the functional groups that could react with the ABTS and DPPH radicals and reduce the TPTZ complex, while in the EP1 and EP2 films, the remaining or excess EP was available to react with these compounds.

Comparing the different tests to determine the antioxidant capacity, it was verified that FRAP and DPPH had correlation with the total phenolic compound content, being in agreement with Thaipong et al. (2006). Relatively higher values were detected by the ABTS method when compared to the other methods, as it has a higher capacity to react with pigmented and hydrophilic antioxidants such as SPI and EP (Floegel et al. 2011). In this study, water was used to extract the phenolic compounds and antioxidants from the film. The SPI matrix is hydrophilic and swells when in contact with water and this may have facilitated the release of bioactive compounds from the matrix to solution (Han et al. 2018).

**Fig. 3** Total phenolic compound content (Folin-Ciocalteu) and antioxidant capacity evaluated by the ABTS, DPPH, and FRAP methods of the SPI films added with pinhão coat extract: control, with 0.5% wt/wt of *pinhão* coat extract (EP0.5), 1% wt/wt of *pinhão* coat extract (EP1), and 2% wt/wt of *pinhão* coat extract (EP2)



### Oxidative Stability of Flaxseed Oil Packed in SPI and EP Sachets

The control and EP2 films were selected to be applied as sachet-type packaging for the linseed oil, due to their higher antioxidant capacity (Fig. 3). Shown in Fig. 4a are the UV-Vis spectra of the oil packaged with the control film, as well as with EP2 film, after 0, 3, 7, and 10 days stored at 60 °C.

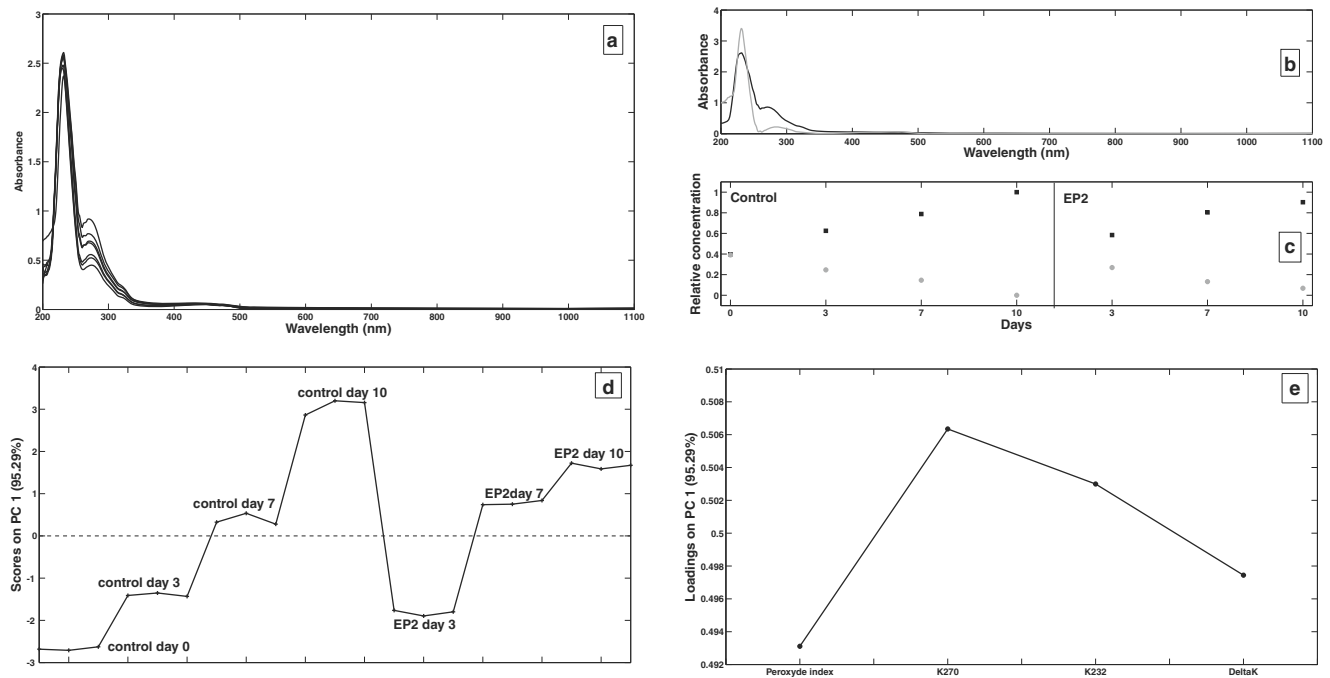
Since the UV-Vis spectroscopy presents a high degree of band overlapping, as well as lack of selectivity, it is not possible to find differences between the samples only using Fig. 4a analysis. This difficulty can be overcome by using the multivariate curve resolution with alternating least squares (MCR-ALS) tool that can contribute to extract more information and produce reliability results. Thus, MCR-ALS was applied at the UV-Vis dataset according to Gonçalves et al. (2014), by employing a mathematical rank equal to two and restrictions of non-negativity for spectra and concentration, and concentration closure. The obtained results are presented in Fig. 4b, c.

In Fig. 4b, different spectral profiles recovered by MCR-ALS are shown: the spectra of tocopherol (gray line) and oxidation products (black line). Tocopherol and tocopherols are the principal phenolic compounds present in vegetable oils. These constituents present maximum absorbance around 220 and 300 nm, while primary and secondary oxidation compounds exhibit absorption between 220 and 234 nm and at 265 nm, respectively (Vieira and Regitano-D'arce 1998). Previous research by using UV-Vis spectroscopy and MCR-ALS method applied to edible oils shows that oxidation products present absorbance between 390 and 550 nm (Gonçalves et al. 2014; Gonçalves et al. 2018).

Different compounds are formed in vegetable oil during storage time, while the minor components are degraded, causing rancidity and off flavors and quality and nutritional decrease (Bendini et al. 2009). These can be observed by the relative concentration profiles obtained from MCR-ALS, shown in Fig. 4c. The tocopherol concentration decreased while oxidation product concentration increased as the time was enhanced, which is in agreement with a previous study (Gonçalves et al. 2014; Gonçalves et al. 2018). One factor that can influence the storage conditions is the oxygen permeability of the packaging material (Gutiérrez-Rosales et al. 1988). To the oil packaged in the control film, the oxidation products are in higher concentration over the oil packaged in the EP2 film after 10 days of storage. The oil packaged in the EP2 film presents a lower tocopherol degradation than the control. This result can suggest a protective effect of the *pinhão* extract added to EP2 film.

Conventional oxidative analysis (peroxide index,  $K_{270}$ ,  $K_{232}$ , and  $\Delta K$ ) were done and their results are shown in Table 3. Principal component analysis (PCA), applied to Table 3 (auto scale preprocess), was made possible to graphically interpret these data. The score plot on PC1 (95.29% of explained variance) shows the relation between samples in Fig. 4d. Based on score plot, it is possible to note that the oil packaged in the control film and the oil packaged in the EP2 film present similar behavior at the 3rd and 7th days of storage. However, evaluating the results obtained at the 10th day, it is possible to note that samples packaged in EP2 film are in a lower level than control samples. In order to explain the observations obtained by the scores, the loading plot (Fig. 4e) shows the importance of the variables.





**Fig. 4** **a** UV-Vis spectra of the oil packaged with the control film, as well as with EP2 film, after 0, 3, 7, and 10 days stored at 60 °C. MCR-ALS results: **b** recovered spectra; **c** relative concentration profiles (black =

oxidation products; gray = tocopherol). PCA applied to the data set composed by peroxide index,  $K_{270}$ ,  $K_{232}$ , and  $\Delta K$ , determined for the oil packaged on control film and EP2 film: **d** scores and **e** loading plots

By regarding the loading plot (Fig. 4e), it is possible to verify that all conventional analyses are located in the positive side from the loading plot on PC1. By visualizing the results for the 10th day in Table 3, it is possible to assign smaller values for all parameters of the conventional analysis for the oil packaged in the EP2 film. Thus, it is possible to conclude

that the addition of the extract to SPI packaging guarantees a protective effect to the oil stability.

In similar studies, Stoll et al. (2017) found a positive effect of sachets produced from cassava starch films added with anthocyanin microparticles on the oxidative stability of extra virgin olive oil. de Moraes Crizel et al. (2018) observed that gelatin

**Table 3** Oxidative stability of linseed oil packed in SPI sachet-type packages (control and with 2% wt/wt of EP) stored at 60 °C evaluated by peroxide indexes  $K_{232}$ ,  $K_{270}$ , and  $\Delta K$

	Storage time (days)			
	0	3	7	10
<b>Peroxide index</b>				
Control	4.09 ± 0.01 <sup>a</sup>	8.19 ± 0.02 <sup>b</sup>	17.86 ± 2.65 <sup>a</sup>	24.56 ± 3.55 <sup>a</sup>
EP2	4.09 ± 0.01 <sup>a</sup>	5.45 ± 1.18 <sup>a</sup>	20.44 ± 0.05 <sup>a</sup>	23.88 ± 1.26 <sup>a</sup>
<b><math>K_{232}</math></b>				
Control	2.788 ± 0.020 <sup>a</sup>	3.252 ± 0.010 <sup>b</sup>	3.822 ± 0.055 <sup>a</sup>	4.655 ± 0.100 <sup>b</sup>
EP2	2.788 ± 0.020 <sup>a</sup>	3.113 ± 0.052 <sup>a</sup>	4.195 ± 0.074 <sup>b</sup>	4.460 ± 0.067 <sup>a</sup>
<b><math>K_{270}</math></b>				
Control	0.447 ± 0.008 <sup>a</sup>	0.565 ± 0.008 <sup>b</sup>	0.688 ± 0.002 <sup>a</sup>	0.918 ± 0.007 <sup>b</sup>
EP2	0.447 ± 0.008 <sup>a</sup>	0.532 ± 0.006 <sup>a</sup>	0.684 ± 0.015 <sup>a</sup>	0.755 ± 0.004 <sup>a</sup>
<b><math>\Delta K</math></b>				
Control	0.193 ± 0.007 <sup>a</sup>	0.311 ± 0.009 <sup>b</sup>	0.462 ± 0.003 <sup>b</sup>	0.824 ± 0.012 <sup>b</sup>
EP2	0.193 ± 0.007 <sup>a</sup>	0.298 ± 0.002 <sup>a</sup>	0.457 ± 0.020 <sup>a</sup>	0.556 ± 0.007 <sup>a</sup>

Means followed by different superscript letters in the same column show significant difference ( $p < 0.05$ ) according to Tukey's test

film containing papaya peel microparticles was efficient as antioxidant packaging for lard. The HDPE films incorporated of marigold flower (*Tagetes erecta*) extract and titanium dioxide improved the oxidative stability of the soybean oil (Colín-Chávez et al. 2014). However, no difference was observed in the oxidative stability of extra virgin olive oil packed in sachets based on SPI films and different concentrations of coconut oil (Carpiné et al. 2015), confirming that SPI films enriched with *pinhão* extract developed in this work were more efficient to maintain the oxidative stability of the oil.

## Conclusion

The EP, obtained from the cooking water of the *pinhão* seeds, is a rich source of phenolic compounds, that when added to the SPI film formulation did not cause significant changes in the mechanical properties (above 1% wt) and WVP. As evidenced in the FTIR-ATR spectra, a higher interaction between the EP and SPI occurred at the concentration of 0.5% wt/wt of extract in the film. In addition, the EP provided antioxidant capacity to the films, dark brown coloration, and contributed to the oxidative stability of flaxseed oil and is therefore an alternative to be used as active biodegradable packaging.

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